What You Can Do With a Major in…  

Kinesiology - Physical Education

Description
The Department of Kinesiology offers programs of study designed to provide students with the educational background necessary to prepare students for careers to teach and/or coach in public and private schools from K-12, colleges/universities, and professional sports teams. The Bachelor of Science degree is offered with a major in Physical Education.

The physical education option provides students with the educational preparation for a career in the teaching profession. Students will earn a degree that will prepare them to teach physical education from grades K-12. In order to earn a teaching certification, students must meet and comply with the requirements of the “Teacher Education Program” administered by the School of Education. Specific requirements involve criteria for admission and retention to the teacher education program and admission to student teaching. Students who are interested in graduate programs and obtain the proper certification could lead to careers in education administration and counseling.

Department Contact
TCU Department of Kinesiology
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817-257-7665
www.kinesiology.tcu.edu/

Skills
Patience  Concentration
Crisis management skills  Understanding of people and situations
Ability to motivate  Oral and written communication
Leadership skills  Ability to work in a team
Research  Time Management
Data Analysis  Interpersonal skills
Planning  Attention to Detail
Critical Thinking  Coaching/Teaching
Organizing

Career Opportunities
Exercise Program Director  Lab Technician
Teacher  Personal Trainer
Coach  Environmental Health Specialist
Researcher  Trainer
Recreation Leader  Strength and Conditioning
Wellness Counselor  Athletic Director
Principal

Career Opportunities (after Graduate School)

www.careers.tcu.edu
Possible Employment Settings

School Administration
Schools
Community Health Centers
Resorts
Nonprofit Organizations
Professional Sports Teams

Colleges and Universities
Corporate Wellness Centers
Sports Associations
Fitness Centers
Rehabilitation Centers

Career Services’ Books

101 Career Alternatives for Teachers
Careers for Health Nuts and Others Who Like to Stay Fit
Career Opportunities in Education and Related Services
Career Opportunities in the Sports Industry
Inside Secrets of Finding a Teaching Job
Job Opportunities for Health and Science Majors
Opportunities in Sports and Fitness Careers
Opportunities in Teaching Careers

Internet Sites

American Academy of Kinesiology and Phys. Education
National High School Coaches Association
National High School Athletic Coaches Association
PE Central
National Association for Sport and Physical Education
American Alliance for Health, Physical Education, Recreation and Dance
Texas Association for Health, Physical Education, Recreation and Dance
National Strength and Conditioning Association

www.aakpe.org
www.nhsca.com
www.hscoaches.org
www.pecentral.org
www.aahperd.org/Naspe/
www.aahperd.org
www.tahperd.org
www.nsca-lift.org