



VOLUNTEERS NEEDED FOR RESEARCH STUDY
**The Effects of Music During
Exercise**

IRB# 2022-331

- The Sport and Exercise Psychology Lab is conducting research to find out the effects of music during exercise.
- In order to participate, you must be 18 to 30 years of age without any physical or psychological disabilities that would interfere with a rowing exercise.
- You will be asked to listen to a variety of music while exercising on a rowing machine and involves 25 minutes of exercise three times within a week.
- Participation will take place in Rickel 257. There minimal risks involved in this research like muscle fatigue.
- You will receive a \$20 Amazon gift card upon completing this study!

For more information, please scan the QR code:



Or go to: <https://docs.google.com/document/d/14fZH7mYCKOjh1Ybj2m5-x4D4Na9hMNbmNiOJvrXjokg/edit?usp=sharing>

Contact: Ashley.ray@tcu.edu

Texas Christian University

TCU does not discriminate based upon any protected status. Please see
<http://www.tcu.edu/notice-of-nondiscrimination.asp>