



WANT TO EXERCISE AND PARTICIPATE IN RESEARCH? WE CAN HELP!

IRB #2022-331

- We are conducting a 3-day exercise research study on the effects of rowing in various music conditions.
- In order to participate, you must be 18 to 30 years of age without any physical or psychological disabilities that would interfere with a rowing exercise.
- You will be asked to exercise three times 24 to 72 hours apart for 25 minutes. Each visit should take roughly one hour.
- By completing this study, you will gain experience using a rowing exercise machine.
- You will receive a \$20 Amazon gift card upon completing this study!

Contact

For more information and/or to participate in the study, please contact Ashley Ray at ashley.ray@tcu.edu.

