

TEXAS CHRISTIAN UNIVERSITY - HARRIS COLLEGE OF NURSING & HEALTH  
SCIENCES

VITA  
MARCH 2017

1. Name

Gina Alexander

2. Contact Information

TCU Box 298620  
[g.alexander@tcu.edu](mailto:g.alexander@tcu.edu)  
817-257-6763

3. Academic Background

a. Education

**Doctor of Philosophy**, May 2009  
School of Nursing, University of Virginia, Charlottesville, VA

**Master of Science in Nursing**, December 2008  
School of Nursing, University of Virginia, Charlottesville, VA

**Master of Public Health**, May 2003  
Department of Health Behavior and Health Education  
School of Public Health, the University of North Carolina at Chapel Hill

**Bachelor of Science in Nursing**, *Summa cum Laude*, May 1998  
School of Nursing, Oklahoma Baptist University, Shawnee, OK

b. Professional Certification

Registered Nurse Licensure, Texas

c. Present Rank

Associate Professor

d. Year of Appointment to the University and Rank

2016, Associate Professor  
2010, Assistant Professor

e. Year of Last Promotion

2016

f. Previous Teaching and/or Research Appointments, Other Than at TCU

**Faculty Associate, 2009 - 2010**

Center for the Study of Complementary and Alternative Therapies  
School of Nursing, University of Virginia

- Analyzed data from a mixed methods study of social environmental factors affecting long-term maintenance of yoga practice among individuals with or at risk for type 2 diabetes.
- Prepared findings from data analysis for submission to scientific journals.

**Predoctoral Fellow, 2006 - 2009**

Center for the Study of Complementary and Alternative Therapies  
School of Nursing, University of Virginia

- Completed original research, using quantitative and qualitative methods, to examine the long-term maintenance of yoga practice for diabetes control and prevention.
  - Dissertation: *Maintaining Yoga Practice for Diabetes Control and Prevention*
- Participated in the recruitment, enrollment, intervention, and analysis of a yoga-based randomized, controlled clinical trial.

**Research and Teaching Assistant, 2005 - 2006**

School of Nursing, University of Virginia

- Implemented the Virginia arm of the Binghamton University-based community research study, "Promoting Heart Health," among rural women in central Virginia.
  - Conducted phone- and home-based motivational coaching sessions with participants.
- Participated in the enrollment, implementation, and analysis of a community-based research study, "Testing a Group Intervention for Managing Diabetes with Rural African Americans," in central Virginia.
  - Transcribed all group sessions and assisted in qualitative analysis.
- Assisted in monitoring GNUR 722: Health Care Systems: Planning & Evaluation, an online graduate course.
- Assisted in the development and evaluation of NUIP 415: Leadership and Management in Health Care Systems, an undergraduate course.

**Nurse Educator, 2004 - 2005**

Stuckenhoff School of Nursing, Casper College, Casper, WY

- Taught HLTK 1220: Human Growth and Development, a course designed for pre-health care professional students.
- Taught NRST 2635: Nursing Process III and NRST 2645: Nursing Process IV, courses designed for nursing students in their final year, held in the clinical setting of the Wyoming Medical Center general medical unit.
- Developed a new course, HLTK 1975: Spanish for Health Care Workers.

**Research Assistant, 2003**

Institute on Aging, UNC-Chapel Hill

- Assisted in the design of an Internet-based intervention for caregivers of senior adults with dementia.
- Conducted in-home computer and Internet training for caregivers.
- Evaluated the process and feasibility of Web-based instruction designed for

caregivers.

**Teaching Assistant, 2002 - 2003**

School of Nursing, UNC-Chapel Hill

- Conducted review sessions for undergraduate NURS 361: Pathophysiology.
- Developed and administered quizzes for undergraduate NURS 362: Pharmacology across the Lifespan.

**Research Assistant, 2001 - 2002**

*"¡A Su Salud!"* Distance Education Pilot Project, Office of the Provost, UNC-Chapel Hill

- Participated in the formative evaluation of a pilot project designed to teach Spanish to health care professionals in a distance education format.
- Co-moderated focus group sessions in Spanish and in English.
- Analyzed the qualitative data yielded by the focus groups to inform the development of training modules.

g. Previous Professional Positions

**Patient Management Coordinator, 2003 - 2004**

Community Health Center of Central Wyoming — University of Wyoming Family Practice Residency, Casper, WY

- Oversaw patient care management systems, including the Diabetes Collaborative.
- Conducted trainings with nursing staff and providers on elements of disease management.
- Directed the quality assurance program.
- Participated in grant writing and strategic planning for the organization.
- Developed plans for program evaluation and implemented tools for evaluation.

**Charge Nurse, 2000 - 2001**

Tarrant County Public Health Department, Lake Worth, TX

- Supervised a staff of 3 coworkers.
- Coordinated and provided direct health services of well child, immunization, family planning, and perinatal hepatitis B clinics.
- Completed monthly county reports and state reports.
- Chaired the Lead Poisoning Prevention Committee.

**Public Health Nurse, 1999 - 2000**

Tarrant County Public Health Department, Arlington, TX

- Worked within well child, immunization, and family planning clinics.
- Served as an active member of the Lead Poisoning Prevention Committee.

**Staff Nurse, 1998 - 1999**

Children's Medical Center, Dallas, TX

- Implemented direct nursing care on a general pediatrics unit.
- Worked extensively with families of children with chronic and acute illnesses.

h. Formal continuing education associated with professional development

| Year | CNE contact hours | Other |
|------|-------------------|-------|
| 2016 | 34.4              |       |
| 2015 | 20.75             |       |
| 2014 | 31.79             |       |
| 2013 | 39.25             |       |
| 2012 | 14.5              |       |
| 2011 | 65.5              |       |

| Date(s)                | Title  | CNE contact hours |
|------------------------|--|-------------------|
| August 18, 2016        | Improving Proficiency with Item Writing and Exam Creation  | 6                 |
| August 4, 2016         | Nursing Care of Vulnerable Populations in Texas<br>(JPS Health Network: North Texas Nursing Consortium Summer Institute)<br>Includes two TBON mandatory CNE requirements:<br>2 CNE for Older Adults/Geriatric Care<br>2 CNE for Nursing Jurisprudence and Ethics | 6.5               |
| June 2016              | Environmental Health: An Integrative Approach<br>(Arizona Center for Integrative Medicine)   | 6                 |
| May 20, 2016           | Knowledge to Action: Unifying Health Literacy Efforts in Texas (4th Annual Health Literacy Symposium )   | 5.4               |
| February 24-27, 2016   | A Solid Legacy, a Bright Tomorrow: Bridging the Past and Future of Nursing Research (30 <sup>th</sup> Annual Conference, Southern Nursing Research Society)  | 10.5              |
| November 1 – 3, 2015   | Health in All Policies (143rd Annual Meeting, American Public Health Association)  | 9                 |
| February 25 – 28, 2015 | Conducting Research in Difficult Times: Come Revitalize your Research Spirit (29 <sup>th</sup> Annual Conference, Southern Nursing Research Society)   | 11.75             |
| June 5 – 7, 2014       | Social Justice: Within & Beyond Our Borders<br>(Annual Institute, Association of Community Health Nursing Educators)   | 8.49              |
| April 17 – 18, 2014    | National Implementation of TeamSTEPPS™ Training<br>(University of Washington)  | 1.3               |
| March 5, 2014          | Interprofessional Education and Collaborative Practice<br>TCU Rankin Lecture   | 1.0               |
| February 18, 2014      | Engaging in Meaningful Learning: Teaching Nurses Critical Thinking and Clinical Reasoning<br>Nursing Faculty Workshop (HCNHS)  | 6.0               |
| February 17, 2014      | The Nursing Curriculum Refreshment Process and the Concept-Based Curriculum<br>Nursing Faculty Workshop (HCNHS)  | 6.0               |
| February 12 – 15, 2014 | Enhancing Value-Based Care: Generating New Knowledge<br>(28 <sup>th</sup> Annual Conference, Southern Nursing Research Society)  | 9.0               |
| September 11,          | Methods of Chronic Disease Self-Management   | 1.25              |

|                               |   |      |
|-------------------------------|---|------|
| 2013                          | (Texas Health Dallas - Texas Health Resources University)   |      |
| June 27, 2013                 | Current Topics in Cancer Survivorship – Medical and Ethical Considerations<br>(Moncrief Cancer Institute)   | 2.0  |
| May 29 – 31, 2013             | Research Intensive Workshop: Nuts and Bolts of Designing, Conducting, Analyzing, and Funding Intervention Studies<br>(Ohio State University College of Nursing) | 22.5 |
| April 3, 2013                 | “Transforming Healthcare: The New Science of Quality and Healthcare”<br>TCU Rankin Lecture  | 1.0  |
| February 28 – March 2, 2013   | 27 <sup>th</sup> Annual Conference: Expanding Networks of Knowledge for Healthcare Innovations<br>(Southern Nursing Research Society)                           | 11.5 |
| February 26, 2013             | “The Formation of Professional Identity: Preparing Students for Civic Responsibility and Service”<br>TCU Nursing Green Honors Chair                             | 1.0  |
| September 21, 2012            | “Reforming and Renewing the Education of Professions”<br>(UNT HSC)  | 5.5  |
| April 24, 2012                | “Promoting Health Equity: Evidence Based Programs in Public Health”<br>TCU Rankin Lecture   | 1    |
| March 28 – 29, 2012           | “Older Adults: Challenges in Meeting Their Health Needs”<br>7 <sup>th</sup> Hogstel Gerontological Nursing Symposium  | 7    |
| January 10, 2012              | “QSEN and the Faculty Role”<br>Back to School Nursing Faculty Workshop (HCNHS)  | 1    |
| October 29 – November 2, 2011 | 41 <sup>st</sup> Biennial Convention: People and Knowledge: Connecting for Global Health (Sigma Theta Tau International)  | 8.75 |
| August 16, 2011               | Back to School Nursing Faculty Workshop (HCNHS)   | 4.25 |
| June 9 – 11, 2011             | Annual Institute: Preparing Public Health Nurses for 2020<br>(Association of Community Health Nursing Educators)  | 8    |
| May 14, 2011                  | Cowtown Oncology Symposium (HCNHS)  | 7.5  |
| May 9, 2011                   | TCU Office of Sponsored Research IRB 10001  | N/A  |
| April 28 – 29, 2011           | Test Development Workshop (HCNHS)   | 7.5  |
| February 11 – 13, 2011        | Faculty Development Conference: Success Strategies for New Faculty (American Association of Colleges of Nursing)  | 10.5 |
| February 7 – 9, 2011          | Comprehensive Systematic Review Training (HCNHS)  | 19   |

i. Honors and Awards

Senior Class Legacy Award Recognition 2015 by Autumn Hackett  
in appreciation of my role in her life as nursing student at TCU

Spring 2016

4. Teaching

a. Courses Taught

| Term        | Course #   | Title                                  | Students    | Comments  |
|-------------|------------|--|-------------|---|
| Fall 2016   | NURS 40813 | Community Health Nursing: Concepts     | 33 students | Face-to-face course, on-campus, writing emphasis course   |
| Fall 2016   | NURS 40882 | Community Health Nursing: Practicum    | 9 students  | Face-to-face course, off-campus work with Rosemont 6th School (Fort Worth Independent School District, FWISD)     |
| Fall 2016   | NURS 40003 | Senior Honors Project                  | 1 student   | Honors thesis Chair   |
| Spring 2016 | NURS 40813 | Community Health Nursing: Concepts     | 43 students | Face-to-face course, on-campus, writing emphasis course   |
| Spring 2016 | NURS 49385 | Reflective Practice III (two sections) | 16 students | Face-to-face course, off-campus work with Riverside Middle School (Fort Worth Independent School District, FWISD) |
| Spring 2016 | NURS 40003 | Senior Honors Project                  | 1 student   | Honors thesis Chair   |
| Fall 2015   | NURS 40813 | Community Health Nursing: Concepts     | 36 students | Face-to-face course, on-campus, writing emphasis course   |
| Fall 2015   | NURS 40882 | Community Health Nursing: Practicum    | 10 students | Face-to-face course, off-campus work with Riverside Middle School (Fort Worth Independent School District, FWISD) |
| Fall 2015   | NURS 40003 | Senior Honors Project                  | 1 student   | Honors thesis Chair   |
| Fall 2015   | NURS 88082 | Advanced Project (DNP)                 | 1 student   | DNP project committee member  |
| Spring 2015 | NURS 40813 | Community Health Nursing: Concepts     | 41 students | Face-to-face course, on-campus, writing emphasis course   |
| Spring 2015 | NURS 40882 | Community Health Nursing: Practicum    | 12 students | Face-to-face course, off-campus work with Riverside Middle School (Fort Worth Independent School District, FWISD) |
| Spring 2015 | NURS 49385 | Reflective Practice III                | 11 students | Face-to-face course, off-campus work with Riverside Middle School (FWISD)   |
| Spring 2015 | NURS 60030 | Professional Project                   | 1 student   | Master's student, focused on Nurse Education tract, project   |

|             |            |   |             |  |
|-------------|------------|---|-------------|--|
|             |            |   |             | on parent refusal of vaccines  |
| Fall 2014   | NURS 40813 | Community Health Nursing: Concepts                | 35 students | Face-to-face course, on-campus, writing emphasis course  |
| Fall 2014   | NURS 40882 | Community Health Nursing: Practicum               | 9 students  | Face-to-face course, off-campus work with Moncrief Cancer Institute  |
| Fall 2014   | NURS 60030 | Professional Project                              | 1 student   | Master's student, focused on Nursing Education tract, project on parent refusal of vaccines  |
| Spring 2014 | NURS 40813 | Community Health Nursing: Concepts                | 38 students | Face-to-face course, on-campus, writing emphasis course  |
| Spring 2014 | NURS 49385 | Reflective Practice III                           | 10 students | Face-to-face course, off-campus work with Moncrief Cancer Institute  |
| Fall 2013   | NURS 40813 | Community Health Nursing: Concepts                | 32 students | Face-to-face course, on-campus, writing emphasis course  |
| Fall 2013   | NURS 40882 | Community Health Nursing: Practicum, two sections | 20 students | Face-to-face course, off-campus work with the Day Resource Center for the Homeless (one section) and University Christian Church (other section) |
| Spring 2013 | NURS 40813 | Community Health Nursing: Concepts                | 39 students | Face-to-face course, on-campus, writing emphasis course  |
| Spring 2013 | NURS 49385 | Reflective Practice III                           | 10 students | Face-to-face course, off-campus work with the University Christian Church & Parish Nursing Program   |
| Fall 2012   | NURS 40813 | Community Health Nursing: Concepts                | 35 students | Face-to-face course, on-campus, writing emphasis course  |
| Fall 2012   | NURS 40882 | Community Health Nursing: Practicum               | 10 students | Face-to-face course, off-campus work with the Fort Worth Safe Communities Coalition, and on-campus work with TCU Alcohol & Drug Education Center |
| Spring 2012 | NURS 40813 | Community Health Nursing: Concepts                | 44 students | Face-to-face course, on-campus, writing emphasis course  |
| Spring 2012 | NURS 49385 | Reflective Practice III                           | 15 students | Face-to-face course, on- and off-campus, partnership with TCU Alcohol & Drug Education   |

|             |            |                                     |             |  |
|-------------|------------|-------------------------------------|-------------|--|
|             |            |                                     |             | Center and with the Fort Worth Emergency Services Collaborative  |
| Fall 2011   | NURS 40813 | Community Health Nursing: Concepts  | 52 students | Face-to-face course, on-campus, co-taught with Sharon Canclini, writing emphasis course  |
| Fall 2011   | NURS 40882 | Community Health Nursing: Practicum | 10 students | Face-to-face course, mostly off-campus at Cornerstone Assistance Network with some on-campus work(children's cardiovascular prevention fitness program, outreach)    |
| Spring 2011 | NURS 40813 | Community Health Nursing: Concepts  | 64 Students | Face-to-face course, on-campus, co-taught with Sharon Canclini, writing emphasis course  |
| Spring 2011 | NURS 49385 | Reflective Practice III             | 16 students | Face-to-face course, mostly off-campus at Cornerstone Assistance Network with some on-campus work, co-taught with Sharon Canclini (promotora-led diabetes education) |
| Fall 2010   | NURS 40813 | Community Health Nursing: Concepts  | 50 students | On-campus, face-to-face course, co-taught with Pam Frable and Sharon Canclini, writing emphasis course   |
| Fall 2010   | NURS 40882 | Community Health Nursing: Practicum | 10 students | On-campus, face-to-face course, co-taught with Sharon Canclini (mass influenza clinic planning/implementation)   |

b. Courses developed at TCU

c. Honors projects directed, or committee service  
Committee service:

Sophie Dohnalek, "Environmental Health Promotion among College Students, Faculty, and Staff" (Thesis Chair, February 2016 – present)

Lauren Jupina, project focused on the transition of young adult childhood cancer survivors (YACCS) to adult care (Committee member, February 2016 – present)

Autumn Hackett, "Evaluation of Health on a Budget: A Program for Women



Experiencing Homelessness” (Thesis Chair, December 2014 – May 2016)

Katie Lewis, “Relevance of Spirituality in the Lives of Homeless Females in Fort Worth” (Thesis Committee Member, August 2013 – May 2014)

Amberle Durano, “The Use of Community Health Workers in Increasing Antiretroviral Adherence in the Developing World: A Systematic Review” (Thesis Committee Member, May 2012 – December 2013)

d. Graduate theses (recitals) and dissertations directed, or committee service

Chair:

MSN student, Nick Sherrod, “The Decline of Pediatric Vaccination Rates and the Role of Parental Refusal” (Thesis Chair, August 2014 – May 2015)

Committee service:

DNP student Dolly Sanares-Carreon, “Development of a Structure and Process for Evidence-Based Patient Engagement” (DNP Project Committee Member, August 2015 – present)

DNP student Anne Marie Williamson, “Developing a Policy for Animal Assisted Intervention” (DNP Project Committee Member, August 2014 – May 2015)

DNP student Luan Tran, “The Leap Frog’s Tai Chi (LFTC) Fall Prevention Program” (DNP Project Committee Member, August 2011 – May 2012)

e. External support received or pending for academic work (i.e., pedagogical grants, curriculum or program development. Include source and amount requested and/or received)

f. Internal support for academic work received (e.g., Instructional Development)

**Alexander, G.**, Bashore, L., & Jackson, L. (2015-2016). An interprofessional initiative between nursing and social work to improve school-based health promotion. *HCNHS Faculty Development Program for Interprofessional Projects*, in the amount of \$5000. (Primary Investigator on a multiple PI project)

g. Academic Advising (list here or under Service, but list only once)

See Service section

5. Research and Creative Activity

a. Refereed publications (Data-based scholarship marked with \*)

\***Alexander, G.K.**, Canclini, S.B., Fripp, J., & Fripp, W. (2017). Waterborne disease case investigation: Public health nursing simulation. *Journal of Nursing Education*, 56(1).

**\*Alexander, G.K.,** Rollins, K., Walker, D., Wong, L., & Pennings, J. (2015). Yoga for self-care and burnout prevention among nurses. *Workplace Health & Safety*, 63(10), 462-470.

- I took the lead in writing this manuscript, which describes findings from a yoga-based research project for staff nurses employed by a large urban health network.

**Alexander, G. K.,** Canclini, S. B., & Krauser, D. L. (2014). Academic-practice collaboration in nursing education: Service-learning for injury prevention. *Nurse Educator*, 39(4), 175-178.

- I took the lead in writing this manuscript, which describes the processes and lessons learned through service-learning to promote the designation of Fort Worth as a *Safe Community* by the National Security Council in affiliation with the World Health Organization.

**Alexander, G.K. & Lockwood, S.** (2014). Effect of yoga on sleep quality among adult cancer patients: A systematic review. *JBI Database of Systematic Reviews & Implementation Reports*, 12(6), 382-419.

- I was the primary reviewer for this systematic review, working closely with secondary reviewer, S. Lockwood.

**Alexander, G.** (2013). Self-care and yoga: Academic-practice collaboration for occupational health. *Workplace Health & Safety*, 61(12), 510-513.

- I was the sole author of this manuscript, which describes the collaborative process involved in developing a yoga-based research project for staff nurses employed by a large urban health network.

**Alexander, G.K. & Lockwood, S.** (2013). Effect of yoga on sleep quality among adult cancer patients: A systematic review protocol. *JBI Database of Systematic Reviews & Implementation Reports*, 11(1), 260 – 269.

- I am the primary reviewer for this systematic review, working closely with secondary reviewer, S. Lockwood.

**\*Alexander, G.K.,** Innes, K.E., Selfe, T.K., & Brown, C.J. (2013). "More than I expected": Perceived benefits of yoga practice among older adults at risk for cardiovascular disease. *Complementary Therapies in Medicine*, 21(1), 14-28. doi: 10.1016/j.ctim.2012.11.001

- I took the lead in writing this manuscript. In addition, I contributed to the data collection and led the qualitative data analysis for the manuscript.

**\*Alexander, G.K.,** Innes, K.E., Bourguignon, C., Bovbjerg, V.E., Kulbok, P., & Taylor, A.G. (2012). Patterns of yoga practice and physical activity following a yoga intervention for adults with or at risk for type 2 diabetes. *Journal of Physical Activity and Health*, 9(1), 53-61.

- I took the lead in writing this manuscript. In addition, I led the data collection and contributed to the data analysis for the manuscript.

\*Innes, K.E., Selfe, T.K., **Alexander, G.K.**, & Taylor, A.G. (2011). A new educational film control for use in studies of active mind-body therapies: Acceptability and feasibility. *Journal of Alternative and Complementary Medicine*, 17(5), 453-458. doi: 10.1089/acm.2010.0401

- I contributed to the design and implementation of the educational film control, as well as the conceptual foundation and review of the manuscript.

Williams, I.C., Utz, S., Jones, R., Hinton, I., Steeves, R., & **Alexander, G.** (2011). Recruitment of rural African Americans for research projects: Lessons learned. *Southern Online Journal of Nursing Research*, 11(1), 1-17.

- I contributed to recruitment efforts, conceptual basis, and review of manuscript.

\***Alexander G.K.**, Innes, K.E., Brown, C.J., Kulbok, P., Bourguignon, C., Bovbjerg, V.E., & Taylor, A.G. (2010). "I could move mountains": Adults with or at risk for type 2 diabetes reflect on their experiences with yoga practice. *The Diabetes Educator*, 36(6), 965-975. doi: 10.1177/0145721710381802

- I took the lead in writing this manuscript. In addition, I led the data collection and the qualitative data analysis for the manuscript.

**Alexander, G. K.**, Utz, S. W., Hinton, I., Williams, I., & Jones, R. (2008). Culture brokerage strategies in diabetes education. *Public Health Nursing*, 25(5), 461-470.

- I took the lead in writing this manuscript and developed the conceptual foundation for the manuscript.

**Alexander, G. K.**, Taylor, A. G., Innes, K. E., Kulbok, P., & Selfe, T. K. (2008). Contextualizing the effects of yoga therapy on diabetes management: A review of the social determinants of physical activity. *Family & Community Health*, 31(3), 228-239.

- I took the lead in writing this manuscript, developed the conceptual foundation for the manuscript, and led the integrative review of the literature.

\*Innes K., Selfe, T., Taylor, A. G., Cottingham, S., Hasan, S., & **Alexander, G.** (2008). Effects of a gentle Iyengar yoga program on glucose tolerance and related indices of cardiovascular disease risk in adults with type 2 diabetes. *International Journal of Yoga Therapy*, 18, 34-35.

- I contributed to the data collection and analysis, as well as the conceptual foundation and review of the manuscript.

\*Jones, R. A., Utz, S. W., Williams, I. C., Hinton, I., **Alexander, G.**, Moore, C.,

Blankenship, J., Steeves, R., & Oliver, N. (2008). Family interactions among African Americans diagnosed with type 2 diabetes. *The Diabetes Educator*, 34(2), 318-326.

- I contributed to the data collection process, as well as the conceptual foundation and review of the manuscript.

\*Utz, S. W., Williams, I. C., Jones, R., Hinton, I., **Alexander, G.**, Yan, G., Moore, C., Blankenship, J., Steeves, R., & Oliver, M. N. (2008). Culturally tailored intervention for rural African Americans with type 2 diabetes. *The Diabetes Educator*, 34(5), 854-865.

- I contributed to the data collection and analysis, as well as the conceptual foundation and review of the manuscript.

b. Non-refereed Publications (include publications arising from presentations, i.e., proceedings), exhibits, performances, textbooks

Jevas-Roegels, S., **Alexander, G.K.**, Dart, L., Jenkins, D., Jenschke, M., & Watson, J. (2016, May 6). *Enhancing student interprofessional competencies through TeamSTEPPS training*. Poster presentation, Interprofessional Education Collaborative Institute, Herndon, VA. (Presented by S. Jevas-Roegels)

c. Materials or Activities [**Accepted or Scheduled**] But Not Yet Printed, Released, or Presented

Alexander, G.K., Bashore, L., Howe, C., Stevenson, J., & Jackson, L. *Preparing upstream leaders for public health nursing practice and research*. Accepted for a podium presentation at the June, 2017, annual institute of the Association of Community Health Nursing Educators, Baltimore, MD.

d. Papers Presented, Participation on Panels, etc., at Scholarly Meetings (include date, place, and sponsor of meeting)

Alexander, G. K., Bashore, L., & Paxton, R. J. (2017, Feb 24). *Health promotion priorities among young adult childhood cancer survivors: Nutrition and food literacy*. Podium presentation, 31<sup>st</sup> Annual Conference of the Southern Nursing Research Society, Dallas, TX.

Borra, S., Bashore, L., Paxton, R., & **Alexander, G.K.** (2016, Sep 30). *Select health practices in young adult childhood cancer survivors*. Poster presentation, 40<sup>th</sup> Annual Association of Pediatric Hematology/Oncology Nurses (APHON) Conference & Exhibit, Indianapolis, IN. (Presented by L. Bashore)

Borra, S., Bashore, L., Paxton, R., & **Alexander, G.K.** (2016, Mar 4-5). *Physical activity in young adult childhood cancer survivors*. Poster presentation, 6<sup>th</sup> Annual Cowtown Oncology Nursing Symposium, Texas Christian University, Fort Worth, TX. (Presented by L. Bashore)

**Alexander, G.K.**, Jackson, L., & Bashore, L. (2016, Feb 26). *Feasibility and sustainability of Photovoice in an at-risk middle school population*. Poster

presentation, 30<sup>th</sup> Annual Conference of the Southern Nursing Research Society, Williamsburg, VA.

Watson, J., **Alexander, G.K.**, Dart, L., Jenkins, D., Jenschke, M., & Jervas-Roegels, S. (2015, Nov 12). *Enhancing student interprofessional competencies through TeamSTEPPS training*. Poster presentation, American Speech-Language-Hearing Conference, Denver, CO. (Presented by J. Watson)

**Alexander, G.K.**, Canclini, S., Fripp, W., Brooks, R., & Fripp, J. (2015, Nov 1). *Public health simulation: Collaborative water quality assessment*. Poster presentation, 143<sup>rd</sup> Annual Meeting and Exposition of the American Public Health Association, Chicago, IL.

\***Alexander, G.K.**, Rollins, K., Walker, D., Wong, L., & Pennings, J. (2015, Feb 26). *Efficacy of yoga to improve self-care and reduce burnout among nurses*. Podium presentation, 29<sup>th</sup> Annual Conference of the Southern Nursing Research Society, Tampa, FL.

**Alexander, G. K.**, Disnard, G.M., Morrisette, J.G., & Widmann, C. (2014, June 6). *Interprofessional collaboration: Service-learning in a local homeless population*. Podium presentation, Association of Community Health Nursing Educators Annual Institute, San Antonio, TX.

**Alexander, G.K.** & Lockwood, S. (2014, February 14). *Effect of yoga on sleep quality among adult cancer patients: A systematic review*. Poster presentation, 28<sup>th</sup> Annual Conference of the Southern Nursing Research Society, San Antonio, TX.

**Alexander, G.K.**, Canclini, S.B., & Krauser, D.L. (2013, June 7). *Academic-practice collaboration for evidence-based injury prevention*. Podium presentation, Association of Community Health Nursing Educators Annual Institute, Raleigh, NC. (Presented by P. Frable)

**Alexander, G.K.** (2013, March 26). *Yoga for self-care and health promotion: Explorations of efficacy among diverse populations*. Sigma Theta Tau Beta Alpha chapter meeting.

\***Alexander, G.K.**, Innes, K.E., Selfe, T.K., & Brown, C.J. (2013, March 2). "So much more aware": *Perceived benefits of yoga practice*. Podium presentation, 27<sup>th</sup> Annual Conference of SNRS (Southern Nursing Research Society), Little Rock, AR.

**Alexander, G.** (2012, February 24). *Mind-body intervention for health promotion: Exploring efficacy among individuals, families, and healthcare professionals*. Harris College of Nursing and Health Sciences Faculty Research Symposium, Fort Worth, TX.

**Alexander, G.** (2012, February 16). *Exploring complementary interventions during labor: Focus on mind-body therapies*. Podium presentation, Association of Women's Health, Obstetric and Neonatal Nurses, Cowtown Chapter meeting, Fort Worth, TX.

**Alexander, G.** (2011, November 1). *Health promotion in diabetes care: Exploring social environmental factors*. Podium presentation, 41<sup>st</sup> Biennial Convention of the Sigma Theta Tau International Honor Society of Nursing, Grapevine, TX.

Canclini, S. B. & **Alexander, G.** (2011). *Integration of disaster preparedness and influenza vaccination: Service-learning through a mass immunization and education program*. Podium presentation, Association of Community Health Nursing Educators Annual Institute, Chicago, IL. Presenter: S.B. Canclini.

Frable, P.J., Canclini, S., Walker, D., Lockwood, P. & **Alexander, G.** (2011). *BaFá BaFá: A simulation strategy for exploring culture with public health nursing students*. Podium presentation, Association of Community Health Nursing Educators Annual Institute, Chicago, IL. Presenter: P.J. Frable.

**Alexander, G.** (2011). *Rolling with the flow: Complementary therapies—feasibility and efficacy of mind-body interventions*. Podium presentation, inaugural Cowtown Oncology Symposium, TCU Harris College of Nursing & Health Sciences Center for Oncology Education & Research and Texas Oncology, Fort Worth, TX.

Selfe, T. K., Innes, K. E., **Alexander, G. K.**, Taylor, A. G. (2009). Use of an educational film class as an attention control in a mind-body randomized, controlled trial. Poster presentation, Society of Clinical Research Associates Conference, Nashville, TN. Presenter: T.K. Selfe.

Innes, K., Selfe, T., **Alexander, G.**, & Taylor, A. G. (2009). A new educational film control for use in studies of active mind-body therapies: Acceptability and feasibility. Podium presentation, North American Research Conference on Complementary & Integrative Medicine, Minneapolis, MN. Presenter: K.E. Innes.

**Alexander, G. K.** (2007). Cross-cultural experiences: Field nursing among the “Five Civilized Tribes,” 1917 to 1943. Abstract for podium presentation, Southern Association for the History of Medicine and Science, Charlottesville, VA.

**Alexander, G. K.**, Utz, S., Payne, C., Holmes, V., Hinton, I., Williams, I., & Blankenship, J. (2007). Metaphors of sugar: Culturally-tailored nutrition education for diabetes self-management among rural African Americans. Abstract for poster presentation, Southern Nursing Research Society, Galveston, TX.

**Johnson (Alexander), G. K.**, Carrillo, C., Osterberg, L., Steibelt, E., Streng, M. (2002). Action-oriented community diagnosis of the Latino community of Fuquay-Varina, North Carolina. Abstract for poster presentation, American Public Health Association, Philadelphia, PA.

e. Editorships, Consultantships, Professional and Creative Activities, and Professional Engagements, Creative Activities

f. External Support received or pending

Received, pending

## Not Received

Baker, K., Lockwood, S., Stallings, A., White, G., & Mack, F. (2016). Community Internship Immersion Collaborative (CIVIC) Program. *Nurse Education, Practice, Quality and Retention-Bachelors of Science in Nursing Practicums in Community Settings Program of the U.S. Department of Health and Human Services Health Resources and Services Administration*. \$809,496 requested (ranked but not funded). (Planning team member).

DeBose, M., Bashore, L., & **Alexander, G.** (2014, December). Tobacco through the eyes of youth: Using Photovoice for cancer education. *Oncology Nursing Society Foundation Cancer Public Education Grant* in the amount of \$5000. (Primary Investigator on a multiple PI project)

**Alexander, G. K.** (2013, September). weTHRIVE: Technology-Enhanced Survivorship Care Planning among Adolescent and Young Adult (AYA) Cancer Survivors. *Moncrief Cancer Institute, Initiative for Oncology Research, INFOR*. (Primary Investigator, with J. Kendall of UT Southwestern as collaborator)

**Alexander, G. K.** (2013, February). weTHRIVE: Technology-Enhanced Survivorship Care Planning among Adolescent and Young Adult (AYA) Cancer Survivors. *Robert Wood Johnson Foundation, Nurse Faculty Scholars*. (Primary Investigator, with S. Lockwood as primary mentor, and P. Flynn as research mentor)

Lockwood, S., Cagle, C., & Wells, J. (2012, February). iAdvocate! – Increasing the Quality of Care in Underserved Populations with a Patient-Centered and Technology-Driven Approach. *National Science Foundation, Smart Health and Wellbeing (SHB) Solicitation (NSF 12-512)*. (Senior Personnel/Faculty Associate)

### g. Internal grants received

Bashore, L. & **Alexander, G.K.** (2015). Viewing the environment through the lens of youth: Using Photovoice for primary prevention. *TCU Center for Oncology Education and Research* in the amount of \$5000. (Primary Investigator on a multiple PI project)

**Alexander, G.K.** (2012 - 2013). Mind-body therapies for self-care and health promotion: Providers as learners. *TCU Research and Creative Activities Fund*, in the amount of \$3700. (Primary Investigator)

## 6. Service

### a. Departmental service

#### Committee membership

Chair, Faculty Search Committee, Harris College of Nursing & Health Sciences (July 2016 – present)

- I led meetings of the committee throughout the semester.

- I developed a rubric for evaluating candidates for faculty positions.
- I provided oversight to the scheduling of phone and face-to-face interviews.
- I updated the hiring software system with comments, completed the reference checks for top candidates, and made hiring recommendations to the Associate Dean.

Chair, Curriculum Committee, Department of Nursing, HCNHS, 2013 – 2015

- I assumed the Chair-Elect position in March 2013.
- I circulated meeting agendas, facilitated the work of the committee, and reported to the Nursing Faculty Assembly each month.
- I worked closely with Suzy Lockwood, Chair of the Curriculum Refreshment Task Force/Subcommittee for Fall 2013, and her successor, Lavonne Adams, Chair since Spring 2014.
- I served as Co-Chair of the committee 2014 – 2015 with Lavonne Adams
- I co-led with Suzy Lockwood the Back-to-School workshop presentation on *Curriculum Refreshment*, August 13, 2013
- I co-led with Lavonne Adams the Back-to-School workshop presentation on initial DECS mapping to facilitate the curriculum refreshment, January 9, 2014
- I co-led with Lavonne Adams the Back-to-School workshop presentation on mapping of the new curriculum, August 19, 2014
- I co-led with Lavonne Adams the Back-to-School workshop presentation on implementation plans for the new curriculum, January 9, 2015

Member, Curriculum Refreshment Task Force, Department of Nursing, Harris College of Nursing and Health Sciences (HCNHS), 2011 – 2014

- I regularly attended meetings and actively participated in this committee.
- I co-led the Back-to-School workshop presentation on Curriculum Revision, "Curriculum Revision 2012: Team TCU – Nursing, inspired by Team USA" with Dr. Charles Walker, August 14, 2012
- I played an active role in the Curriculum Revision work sessions in Spring 2013.
- I reviewed regional nursing schools' implementation of clinical immersion programs.

Member, Curriculum Committee, Department of Nursing, HCNHS, 2010 – present

- I regularly attended meetings and actively participated in this committee, recording minutes periodically.
- I was actively involved in the development of the curriculum monitoring plan.

Member, Program Effectiveness Committee, Department of Nursing, HCNHS, 2013 – 2015

- I regularly attended meetings and actively participated in this committee, representing the Curriculum Committee and relaying important information to members.

Chair, Tenure Track Faculty Group, Department of Nursing, HCNHS, 2013 – 2014



- I circulated agendas for these meetings and advocated for tenure track faculty interests/concerns.

Member, Tenured Faculty, Department of Nursing, Harris College of Nursing & Health Sciences (Fall 2016 – present)

- I attended all tenured faculty meetings.
- I reviewed tenure notebooks and participated in discussion.

Member, Graduate Faculty Committee, Department of Nursing, HCNHS, 2012 – present

- I am a member of this committee and attend scheduled meetings.
- I interview DNP candidates each January and serve on MSN and DNP project committees.

Facilitator, All Faculty Discussion on Curriculum Revision, Department of Nursing, HCNHS, 2010 – 2011

- I led these meetings and circulated the minutes afterward.

#### Guest speaking

“Insights into Yoga Research”  
Research and Theory course, March 19, 2013

“Complementary and Integrative Oncology: Mind-Body Focus”  
Oncology elective, April 26, 2012

“Health and Wellness: Conceptual Evolution and Current Trends”  
ABT Fundamentals course, May 18, 2011

#### Other service

Trainer, Learning Outcomes Management, Department of Nursing, Harris College of Nursing & Health Sciences (HCNHS)

- I completed the Train-the-trainer program through the Koehler Center on May 5 and May 29, 2012.
- I assisted in the implementation of the LOM training for the graduate program (Doctor of Nursing Practice), May 30 and July 2, 2012, and in the LOM training for the undergraduate program, December 7, 2012.

#### b. College service

Member, Harris College Curriculum Committee, 2013 – 2015

- I regularly attended meetings and actively participated in this committee, which met virtually via a SharePoint site each month.

Member, Interprofessional Research, Education, and Practice Council,  
2013 – present

- I regularly attend meetings and actively participate in this committee.
- I promoted service-learning initiatives among the members.
- I co-planned the Rankin lecture in April 2015.
- I attended the Spring 2015 IPEC Institute on Population Health with TCU and UNTHSC partners.
- Following IPEC, I presented with UNTHSC colleagues at a Lunch & Learn session at UNTHSC on June 10, 2015.
- I facilitated an IPE event with nurse anesthesia students and UNTHSC Biomedical Sciences students on October 2, 2015.
- I co-led public health-focused IPE planning meetings during Fall 2015 and Spring 2016.
- I co-led public health-focused IPE planning meetings during Spring 2016.
- I facilitated two IPE case study small group discussions at UNTHSC on October 19, 2016.

Trainer, Team STEPPS, Harris College of Nursing & Health Sciences

- I co-led student trainings on January 22, 2015 and on September 8 & 10, 2015
- I co-led faculty trainings on October 31, 2014 & December 11, 2014

Judge, HCNHS 12th Annual Student Research Symposium, April 7, 2016

Judge, HCNHS 11th Annual Student Research Symposium, April 16, 2015

Judge, HCNHS 9th Annual Student Research Symposium, April 18, 2013

Judge, HCNHS 9th Annual Student Research Symposium, April 19, 2012

Judge, HCNHS 8th Annual Student Research Symposium, April 14, 2011

c. University service

Facilitator, Common Reading discussion of *How to Win an Election* by Quintus Tullius Cicero, August 19, 2016

Facilitator, Common Reading discussion of *The Other Wes Moore: One Name, Two Fates* by Wes Moore, August 21, 2015

Facilitator, Common Reading discussion of *Persepolis* by Marjane Satrapi, August 22, 2014

Facilitator, Common Reading discussion of *Brother, I'm Dying* by Edwidge Danticat, August 16, 2013

Facilitator, Common Reading discussion of *The Shallows: What the Internet is Doing to Our Brains* by Nicholas Carr, August 17, 2012

Facilitator, Common Reading discussion of *The Immortal Life of Henrietta Lacks* by Rebecca Skloot, August 19, 2011

d. Community Activities Directly Related to Professional Skills

Advisory Board, Fort Worth Safe Communities Coalition, January 2013 – present

- Drug Overdose/Opiate Abuse Task Force (reconvened), September 2015 – present

Advisory Board, Nurse-Family Partnership, Tarrant County Public Health Department, November 2010 – present

Member, Interprofessional Education Committee, University of North Texas Health Science Center, January 2012 – 2014

Advisory Board, Community Diabetes Program, John Peter Smith Health Network, April 2012 – Spring 2014

Drug Overdose/Poisoning Prevention Task Force, Fort Worth Safe Communities Coalition, November 2011 – November 2012; reconvened September 2015 – present

“Yoga for Health Promotion” in-service training  
Fort Worth Independent School District High School Health Teachers  
February 6, 2015

“Future of Public Health Nursing” invited presentation  
Tarrant County Public Health Medical Staff Meeting, May 16, 2012

e. Professional service

Memberships in Professional Organizations (include offices held)

Association of Community Health Nursing Educators  
Sigma Theta Tau International (Communications Chair, Beta Alpha chapter)  
Southern Nursing Research Society  
Texas Nurses Association

Reviewing for Professional Journals

Reviewer for *Advances in Nursing Science*, 2015 – present  
Reviewer for *Western Journal of Nursing Research*, 2009 - present  
Reviewer for *Journal of Physical Activity and Health*, 2010 – present  
Reviewer for *Gastroenterology Nursing*, 2011 – present  
Reviewer for *Complementary Therapies in Medicine*, 2013 – present  
Reviewer for *American Journal of Preventive Medicine*, 2015 – present  
Reviewer for *Journal of Alternative and Complementary Medicine*, 2015 – present  
Reviewer for *JBI Database of Systematic Reviews and Implementation Reports*, 2015 – present

f. Academic advising

Undergraduate Advising

As of November 2016, I have thirteen undergraduate student advisees.

Participation in Essential Pre-Enrollment Information sessions: March 26, 2013, November 6, 2012, November 15, 2011, March 22, 2011, and October 26, 2010.