Name:	Referring Doctor:	
Date of Birth:	Referring Diagnosis:	
Address:	Phone Number: (home	
	(business	
	(mobile)	
History:		
Occupation:		
When did your voice problem b		
Did your voice problem start such	ddenly or gradually?	
Describe your voice problem in	your own words.	
Do you feel it takes effort to spe	ak?If yes, please explain when this occurs	
and how long effort to speak las		
and now long effort to speak las		
Has your voice returned to norm	al at any time since the problem began?	
If yes, please describe how long	and how often normal voice is present.	
if yes, please describe now long	and now often normal voice is present.	
Does the problem worsen the mo	ore you talk?	
Does voice rest help your voice?		
Is it worse in the morning or in t	he afternoon/evening?	
Is your voice worse during certain	in seasons?	
Does anything help or hurt your	voice?	
	u can no longer do secondary to this voice	
disorder?	3	
Can you be heard over ambient r	noise?	
Do others often ask you to repea	t?	
What bothers you most about yo		
Do you participate in fewer socia	al activities since your current difficulty began?If yes,	
please explain.		
	any of your work activities (paid or volunteer)?If yes,	
please explain.	roblem, how does your voice sound today? (typical, somewhat	
Compared to your recent voice p	roblem, how does your voice sound today? (typical, somewhat	
petter, much better, somewhat w	orse, much worse)	
Were there any events or condition	ons which you associate with the onset of your voice problem?	
check all that apply and describe		
NONE	Upper respiratory infection (cold/flu) □	
ncreased voice use 🛚	Swallowing difficulty \Box	
Emotional stress	Surgery □	

Vocal abuse (yelling/screaming)	Vocal abuse (yelling/screaming) [Other [] (Specify:					
Injury (trauma) 🗆						
Describe:						
Please check all the following sy	mntome that annly to you					
hoarseness	trouble speaking softly trouble speaking softly chronic cough					
breathiness []	whisper only (total loss of	foreign body sensation in				
gravelly voice quality []	voice)	throat				
harsh voice quality	noisy breathing []	halitosis 🗆				
raspy voice quality	nasality []	swallowing problems				
straining to speak	pain in throat	vocal fatigue				
voice too low or deep	heartburn []	worse voice when you				
voice too high □	indigestion []	wake				
scratchy voice quality	bitter or metallic taste after	increased or chronic post				
shaky voice	waking []	nasal drip				
unsteady voice []	sudden coughing after	tooth decay				
voice breaks	lying down []	chronic bronchitis				
pitch breaks □	chronic throat clearing []					
trouble speaking loudly []	excessive throat mucus					
		nthly)?				
How often do you experience reflux symptoms (daily, weekly, monthly)?						
•						
Do you have any pain and/or tens	ion in your jaw, neck, or shoulde	rs?If yes, please				
indicate if this pain or tension is a						
sore throat).						
Have you had the same or a similar	ar voice problem in the past?	If yes, please explain.				
Have you ever had therapy or surg						
If yes, please list dates, location, therapists, and results of therapy.						
Have you had any choking or swa	llowing problems?	If yes, please explain				
how often, when, and with what food or drink consistencies.						
Do you have pain when swallowing						
Have you had any recent surgeries?If yes, please explain						
Have you had any recent neck injuries? If yes, please explain.						
Have you ever worked around any toxic fumes (gas, paint, chemicals)? If yes,						

please explain					
Do you have a known (diagnosed) hearing loss?worn hearing aids?		If yes, do you or have you eve			
Social History:					
Are you single? married? wide	owed?				
Do you live alone?	If no, with whom?	ved?If no, with whom?			
Do you have children?	If yes, ple	If yes, please list how many and if you			
have grandchildren.					
Please list your education leve	1				
General Medical Health:					
Arthritis 🗆	High Blood Pressure []	Depression			
Asthma (adult/childhood	Kidney/Bladder Disease []	Bleeding Problems []			
onset)	Liver Disease []	Stroke []			
Bronchitis 🗆	Lung Disease	GI Disorders (hernia,			
Blood Sugar (high/low) 🗆	Joint/Bone Disease	ulcers, colitis, etc.) 🗆			
Diabetes (adult/childhood	Tuberculosis []	Sinus Disease []			
onset) □	Cancer 🗓	Endocrine Disorder 🗆			
Headaches 🛘	Thyroid disease 🗆				
Heart Disease ☐ Other:	_	Neurologic Disorders			
Do you have allergies to foods	? drugs? environments?				
For females only:					
Are you pregnant?					
Have you gone through menop	ause?				
	cycles?				
If yes, please date of most rece					
Joes your voice change during	g your menstrual cycle?If ye	es, please describe.			

Vocal Use:

Do you scream (not necessarily in anger, for example, at a sporting event or while working in a

^{*}Please answer the following questions using this scale: 1 = less than average, 2 = average, 3 = more than average.

noisy environment)?					
Do you raise your voice (e.g. parenting, calling from room to room, etc.)?					
Do you talk for extended periods of time without a break (e.g. teacher, singer)? Are you a talker?					
Do you sing?If yes, please explain					
How often are you on the phone?					
Do you do impersonations, character voices or unusual sound effects?If yes,					
please explain. Please list any hobbies or activities you enjoy.					
Vocal Hygiene: What is your weight?					
How many glasses of water do you drink a day (1 glass = 1 cup or 8 oz.)?					
How many caffeinated beverages do you drink a day? coffee, tea, soda,					
chocolate					
Do you drink alcohol?If yes, please indicate what kind and how often					
Do you use any tobacco products (cigarettes, pipe, cigar, snuff, chew, or dip) or have you ever used tobacco products? If yes, please indicate what kind, how often, and how long.					
If you quit smoking, please list when.					
Are you around someone who smokes?					
How many glasses of milk do you drink per day?					
How many glasses of milk do you drink per day?					
re you in particularly dry environments?If yes, please explain					
Do you fly frequently?					
Do you take anything with menthol in it?If yes, please list item and how often taken.					
Are you around stage smoke? If yes, please indicate whether oil or water based					
Are you around stage smoke? If yes, please indicate whether oil or water based Do you take Vitamin C? If yes, please list dosage and frequency of use					
Do you use recreational drugs, specifically marijuana?If yes, please list frequency.					
Do you take weight control pills?If yes, please list dosage and frequency.					

Please list current medicati		and prescription).
Medication		Condition
1.	for	
2.	for	
3.	for	
4.	for	
5.		
6.		
7.	for	
8.		
9.	for	
10.	for	
What is your goal regarding	g your problem or cond	lition?
Do you have a follow-up ap	opointment scheduled	with your referring physician? If so, please list
		an the referring physician? If so, please list
Patient Signature		Date