



Harris

Magazine of Harris College of Nursing & Health Sciences

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TCU[®]



“Harris College graduates are clinically capable and ethically motivated to lead others in transforming care.”

SUZY LOCKWOOD

Interim Dean, Harris College of Nursing & Health Sciences



Harris College

of Nursing & Health Sciences

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On the cover: A wind tree slowly rotates in the Paulette Burns Contemplation Garden outside the Annie Richardson Bass Building on the TCU campus. The garden was commemorated April 27, 2018 in honor of the late Paulette Burns, who served as dean of Harris College from 2006 to 2014.

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Brilla Brilla Estrellita

Speech and language difficulties can occur in any language. Through bilingual therapy, music and a few games, speech-language pathology graduate students are changing the way Spanish-speaking Fort Worth children communicate.

Game Changer

Every athlete risks injury, but students at Dallas' South Oak Cliff High School don't have to face it alone.

Passion for Achievement

TCU's nurse anesthesia program is known for its rigor. Logan McIntosh '17 was up to the challenge and made an impression along the way.

Close Shave

When two nursing faculty noticed an alarming trend in renal failure among African-American males, they decided to tackle it head-on. They even had the perfect venue.

The Next Chapter

At an upstairs meeting area in the TCU Campus Store, one social work student is taking the lead in a very special book club.

From Calvin, with Love

After the passing of his wife, Calvin Kimbrough '75 reflected on those who cared for her and became inspired to make a difference for future nurses.

News

Harris College pays tribute to a beloved member of the TCU family and welcomes a special guest through the Green Chair Lecture Series.

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BRILLA BRILLA ESTRELLITA

By Laine Zizka

Translation by Melanie Pesek '18 & Irmgard Payne

Four young boys walk like slow-moving astronauts around paper cutouts of stars after timidly whispering “me toca” – “my turn.” It’s a small moment, but a significant one in these kids’ path to better speech, language and interaction. Their voices grow clearer and more confident as they begin to sing “Brilla Brilla Estrellita” - a Spanish version of “Twinkle Twinkle Little Star.”

Jordan Zatopek, a graduate speech-language pathology student, provides therapy to a group of children at the Boulevard Heights School. The Davies School of Communication Sciences & Disorders partners with the Fort Worth Independent School District to provide speech and language therapy to bilingual and Spanish-speaking children.

“The reason we do therapy in Spanish is because research has shown that if we use the home language, the results of therapy for a child that has speech and language delays or disorders is more effective,” said Irmgard Payne, an assistant professor of professional practice at the Davies School of Communication Sciences & Disorders and the program supervisor.

For eight years now, TCU’s Davies School of Communication Sciences & Disorders has brought graduate students and local children together with their Ranitas en El Campo program. Partnered with Fort Worth ISD at the Boulevard Heights School on El Campo Avenue, the program has reached dozens of local bilingual children, mostly preschoolers. “Little frogs” receive speech therapy in both English and Spanish from speech-language pathology graduate students pursuing the bilingual emphasis.

“It’s wonderful because it benefits the Fort Worth ISD; they’re able to see more children that are bilingual because there is a reduced number of bilingual speech language pathologists compared to the regular,” said Payne. “It helps us because it provides an opportunity for students to do their clinical practicum with that clientele.”

That win-win happens twice a week, Mondays and Wednesdays, as the program’s six graduate students learn to evaluate patients as well as administer individual and group therapy in both Spanish and English. This hands-on learning helps them fulfill their requisite clinical hours with Spanish-speaking and bilingual clientele.

“Not all graduate programs offer such hands-on externships with bilingual children, especially from the beginning of the program,” said bilingual speech-language pathology alumna Krista Burdick ’18, who chose TCU specifically for this program.

The clinic is open to children in the school district, starting at age three, to be evaluated and receive services. With Fort Worth’s large bilingual and Spanish-speaking populations, Ranitas is a perfect fit.

Mondays are devoted to evaluations. Graduate students work in pairs, with one assessing the child while the other interviews the parent in whichever language is most convenient for them. Students establish rapport through play-based interaction and transition into assessment to determine if the child has a language delay or disorder.

Wednesdays are when therapy happens.

Individual therapy comes first, targeting the personal speech-language goals of each child. Then, group therapy, where play and themes are integrated into the activities – from songs to acting to crafting – to teach important components of grammar and vocabulary to the students.

“They get to learn a song from every theme,” explained Payne. “There’s that continuity of the vocabulary, of the concepts. I think that’s what’s so great for our little froggies.”

As for the parents? They love it.


“They say that the children start speaking more,” Payne said. “I think a lot of it has to do with the fact that this is the first opportunity for children to be in a group setting with other children.”

Payne describes it as a no brainer – the schools, children and students all benefit.

“For our students, it’s the very first time doing clinical practicum,” said Payne. “It’s a nice, consistent, predictable environment for them. For the child, obviously they get great services. They build a relationship very quickly, great rapport within a clinical session.”

For students like Burdick, the program is impacting the rest of their lives

“I aspire to work in a school district with a high Hispanic population, so that I may evaluate and provide therapy to bilingual and monolingual Spanish-speaking students,” Burdick said. “I would also like to work with young adults in transition programs in secondary education.”

Payne hopes the program grows to include more children in the district, but, for now, it is still a light in many people’s lives. 

“La razón por la cual ofrecemos terapia en español es porque la investigación ha demostrado que, si usamos el idioma del hogar, los resultados de la terapia para un niño que tiene demora o trastornos del habla y del lenguaje son más efectivos,” dijo Irmgard Payne, profesora asistente de práctica profesional de la Davies School y la supervisora del programa.

Cuatro niños caminan lentamente alrededor de estrellas de papel como si fuesen astronautas, después de haber susurrado tímidamente “me toca.” Es un momento ínfimo pero revelador en la trayectoria de estos niños para mejorar el habla, el lenguaje, y la interacción social.

Hace ocho años que la Davies School of Communication Sciences & Disorders (La Escuela Davies de Ciencias y Desordenes Comunicativos) en TCU ha estado involucrando tanto a estudiantes de posgrado como a niños en su programa Ranitas en El Campo. Formando parte de la maestría en patología del habla y el lenguaje bilingüe, las “ranitas” reciben terapia del habla bilingüe a través del programa.

En asociación con el distrito escolar de Fort Worth (Fort Worth ISD) en la escuela de Boulevard Heights que queda en la avenida El Campo, el programa Ranitas ha afectado a docenas de niños locales bilingües, en su mayoría preescolares, que necesitan terapia.

“Es maravilloso porque beneficia a Fort Worth ISD; se pueden atender a más niños bilingües ya que hay un número reducido de patólogos del habla bilingües en comparación con los monolingües,” dijo Payne. “Nos ayuda porque ofrece una oportunidad para que nuestros estudiantes de TCU realicen su práctica clínica con esa clientela.”

Esta situación beneficiosa ocurre dos veces por semana, los lunes y miércoles, cuando seis estudiantes de posgrado del programa aprenden a evaluar a los niños, además de administrar terapia individual y grupal en español y en inglés. Esta práctica les ayuda a cumplir sus horas clínicas requeridas con clientes bilingües y de habla hispana.

“No todos los programas de posgrado ofrecen prácticas externas con niños bilingües desde el comienzo del programa,” dijo Krista Burdick ’18, una alumna bilingüe de patología del habla y lenguaje que eligió TCU específicamente por este programa.

La clínica está abierta para que los padres del distrito escolar traigan a sus hijos a partir de los tres años para que sean evaluados y tratados. Con las grandes poblaciones bilingües y de habla hispana de Fort Worth, Ranitas encaja perfectamente.

Los lunes son dedicados a las evaluaciones. Un estudiante de posgrado evalúa al niño mientras que el otro entrevista al padre en el idioma que le resulte más conveniente. Los estudiantes establecen una relación con el niño a través del juego para concluir en una evaluación, con el objetivo final de determinar si el niño tiene una demora o desorden en su desarrollo del lenguaje.

Los miércoles toma a cabo la terapia.

Lo primero en que se trabaja es la terapia individual, enfocándose en los objetivos del lenguaje y del habla de cada niño. Se continúa con la terapia de grupo, donde juegos y temas semanales se integran en las actividades, que incluyen canciones, manualidades, actuación, para enseñar a los niños las bases de gramática y vocabulario.

“Aprenden una canción por tema,” explicó Payne. “Esta actividad provee continuidad en la aplicación del vocabulario y los conceptos aprendidos. Creo que eso es lo mejor para nuestras pequeñas ranitas”.

Y a los padres... ¡les encanta!


“Dicen que los niños comienzan a hablar más”, dijo Payne. “Creo que mucho tiene que ver con el hecho de que esta es la primera oportunidad para que los niños estén en un entorno grupal.”

Payne lo describe como una situación obvia: las escuelas se benefician, los niños se benefician y los estudiantes se benefician.

“Para nuestros estudiantes, es la primera vez que participan en una práctica,” dijo Payne. “Es un entorno agradable, consistente y predecible para ellos. Además, los niños obtienen excelentes servicios y rápidamente establecen una gran relación durante la sesión clínica.”

Para estudiantes como Burdick, el programa está impactando el resto de sus vidas.

“Aspiro a trabajar en un distrito escolar con una alta población hispana, para poder evaluar y brindar terapia a estudiantes bilingües y monolingües hispanohablantes,” dijo Burdick. “También me gustaría trabajar con jóvenes adultos en programas de transición en educación secundaria.”

Payne espera que el programa crezca para poder ayudar a más niños en el distrito, pero por ahora, el programa sigue siendo una luz en la vida de muchas personas. 

Right: Speech-language pathology graduate students use songs, play and props to help children overcome speech and language difficulties. During each therapy session, clients receive 30 minutes of individual attention and 30 minutes of group therapy.

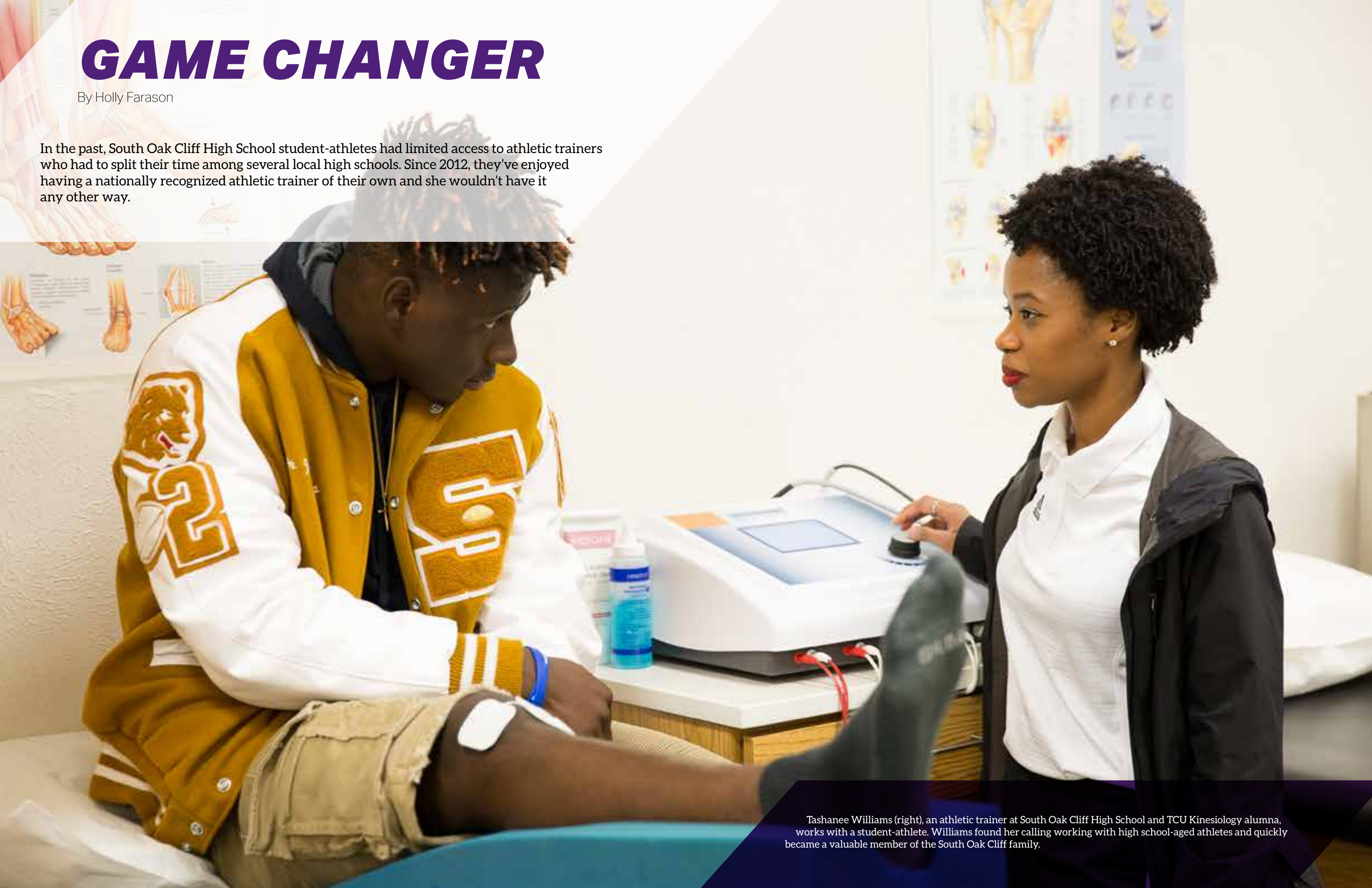


Izquierda: Los estudiantes de posgrado en patología del habla y el lenguaje usan canciones, juegos y accesorios para ayudar a los niños a superar las dificultades del habla y del lenguaje. Durante cada sesión de terapia, los clientes reciben 30 minutos de atención individual y 30 minutos de terapia grupal.

GAME CHANGER

By Holly Farason

In the past, South Oak Cliff High School student-athletes had limited access to athletic trainers who had to split their time among several local high schools. Since 2012, they've enjoyed having a nationally recognized athletic trainer of their own and she wouldn't have it any other way.



Tashanee Williams (right), an athletic trainer at South Oak Cliff High School and TCU Kinesiology alumna, works with a student-athlete. Williams found her calling working with high school-aged athletes and quickly became a valuable member of the South Oak Cliff family.

Imagine being a 300-pound lineman playing high school football in the Texas heat and passing out from heatstroke. Then imagine waking up and finding out an athletic trainer less than half your size has saved your life. This very scenario occurred during one summer football practice at South Oak Cliff High School in Dallas.

“It was pretty intense,” said Tashanee Williams ‘12, an alumna of TCU’s athletic training program. “It was one of those situations where the clinical setup really helped me in that actual moment, because I had seen at TCU football practices what it looked like when someone was fading from heat exhaustion.”

During that particular practice, Williams was filling in at South Oak Cliff High School. Williams recognized the student’s condition, administered first aid and called for an ambulance. It was in that moment that, as Williams remembers, the head coach saw her recognize what was happening, diagnose the player’s condition and call an ambulance and said, “We want her. I don’t know what we have to do, but we want her.”

Williams said that athletic training first piqued her interest when her older sister became a student athletic trainer at DeSoto High School and went on to pursue it in college. Williams had spent summers shadowing her sister, seeing what a career as an athletic trainer was like.

“I became a student athletic trainer at our high school and decided I wanted to pursue it as a profession,” Williams said.

At TCU, Williams gained real experience each semester when she was assigned to different sports. The goal was to gain lower body experience with soccer, upper body experience with baseball and a combination of both with football.

Williams found that she enjoyed working with football the most and spent three semesters with the team. This time greatly prepared her for her career.

“It was very hands on,” Williams said. “I was able to see a wide variety of injuries and I was prepared to deal with them.”

Prior to graduating, Williams had her sights set on working for the NFL. But working with TCU Football caused her to reframe what she wanted from her career.

“You spend a great deal of time with that sport year-round,” Williams said of working in the NFL. “I was going to have to give up a personal life and that would’ve been hard for me.”

Working at the high school level offers a nice balance between work and family compared to college or professional sports, Williams explained.

Williams began working at South Oak Cliff High School in 2012 and she, along with the other athletic trainers, helps up to 500 athletes across 12 different sports.

Each day, Williams sets up for practices, tapes ankles, covers wounds, provides treatment for lingering injuries and rehabilitates kids who have recently had surgery.

While things can get hectic and crazy, she said the students really know how to buckle down. Because she looks young, her athletes are more open with her and come to her for advice.

“I speak with my other co-workers in the district and they tell me that it’s challenging to get honest feedback from kids with regard to injuries and how they’re really feeling,” Williams said. “[Students] don’t feel defensive with me and are more honest with me about injuries.”

Since coming to South Oak Cliff High School, Williams has had many accomplishments. She has implemented an athletic training program that allows students to handle basic procedures like taping ankles, first aid, setting up the fields and getting ready for games. They are her extra set of hands and give her room to do treatments and rehabilitation.

When the program first started, many students signed up and other Dallas ISD schools took notice and wanted this program on their campuses. Williams then created a framework for these schools to follow, in addition to creating a student handbook and nutrition plan.

“I just talk to them like they’re responsible young adults. I guess they’re more appreciative because they don’t expect to get what they have. They’re not used to getting the bare necessities, so they’re very grateful.”

TASHANEE WILLIAMS ‘12

She focused heavily on what the athletes were consuming and realized they weren’t eating the right kinds of food, since they were in what she described as a “food desert” where healthy options weren’t available. In partnering with neighborhood organizations, she was able to make sure these athletes received the proper fuel to compete and stay healthy.

Many recognized her devotion and actions in helping these kids and, in 2015, Gatorade presented Williams with the Secondary School Athletic Trainer Award. She received one thousand dollars to be used on the program along with a package full of Gatorade products like bottles, bars and shakes.

The second those products arrived on campus, students gobbled them up. Williams knew supplies would run out eventually and wanted to figure out a way to keep them replenished.

“At TCU and DeSoto, we could get that for free and never had to worry about paying for it,” Williams said. “When you’re at an inner-city high school, funds are limited and it’s too much to ask the kids for money. They should be able to have a similar experience to the districts around them.”

Williams decided to hold an annual fundraiser by providing annual physicals to local athletes who would otherwise have to go to a clinic or see their regular doctor. The program raised enough money to provide athletes with year-round access to Gatorade sports nutrition products.

When asked what she enjoys the most about her job, Williams says it’s definitely the kids.

“They’re very grateful,” she said.

Williams recalls working a playoff football game at her old high school and being observed by the head athletic trainer.

“I was doing pre-game taping and he stood back and was watching,” Williams said. “When everybody left he said, ‘Tashanee, you have to tell me how you do it. Every kid that got off the table would say thank you Miss T. Our kids are not that nice, how do you do it?’”

For Williams, it just comes naturally.

“I just talk to them like they’re responsible young adults,” she said. “I guess they’re more appreciative because they don’t expect to get what they have. They’re not used to getting the bare necessities, so they’re very grateful.”

Williams has been asked many times if she would consider going to another high school or college, but feels South Oak Cliff is where she belongs.

“These kids need me the most right now,” she said. “They are just so grateful and that gratitude makes the job enjoyable.”

Right: Williams works with a student at South Oak Cliff High School in Dallas. The South Oak Cliff athletic training staff is responsible for approximately 500 athletes across 12 sports.

Far right: Williams wears a jacket identifying her recognition as a Gatorade Secondary School Athletic Trainer of the Year award winner. The award not only highlighted her professional accomplishments, but provided valuable resources to South Oak Cliff High School.



PASSION FOR ACHIEVEMENT

By Laine Zizka

Logan McIntosh '17, a TCU School of Nurse Anesthesia alumnus, knows well the challenges and rigor of the nurse anesthesia program at TCU, but his indomitable passion and drive were instilled far earlier in his life.



Logan McIntosh, a DNP-A alumnus of the TCU School of Nurse Anesthesia, studies for his licensing exam in the Annie Richardson Bass Building. During his time on campus, McIntosh became known for his work ethic and academic commitment.

Born and raised in southeastern Kentucky,
McIntosh grew up bouncing in and out of homeless shelters with his family.

“We never went without food,” said McIntosh. “I was never hungry, but some of the accommodations I’ve lived in are less than what most people would consider adequate.”

Though he and his family lived in poverty for several years, it was the norm he saw around him.

“Growing up like that, I knew I didn’t want to raise my kids the same way, so it instilled this drive for success in me,” McIntosh said.

Military service was the first career path on McIntosh’s mind, but his dental braces prevented him from beginning basic training. He shifted his priorities to academic ones and found the medical field as a place of interest. Soon, he went from planning not to go to school to planning to attend a lot of school.

McIntosh was accepted and began the nursing program at Wright State University outside Dayton, Ohio. In addition to the demands of nursing school, he also worked full-time as a welder and fabricator.

After graduating, he found work at a Level I trauma center in their surgical intensive care unit. After five years, he knew he wanted

to take his career to the next level and began searching for nurse anesthesia schools.

That’s when McIntosh found TCU.

McIntosh puts a lot of stock in the quality of TCU’s education, ultimately choosing it because the initial, online portion of the curriculum allowed him the flexibility to continue working during the first eight months of the program. He was also drawn to TCU’s exceptional first-time board pass rates, 5-10% higher than the national average.

“TCU has definitely set me up for success,” said McIntosh. “I feel more than confident in the education I have received here.”

Most importantly, McIntosh cited the tight-knit community and the caliber of the professors he found in the nurse anesthesia program as creating a support system for him and his classmates. Even with all of the benefits that drew him to TCU, the coursework rigor was still a shock.

“It’s such a time commitment; it’s such a journey,” McIntosh said. “No one can even really grasp how much you have to put into it unless you went through it.”

It’s not just about memorizing material, he admits. You have to understand the basics before you can understand the complex.

“That’s why you do this, that’s why you go to school
for 13 years – for the patient,”
LOGAN MCINTOSH

“It truly is seven days a week, 24 hours a day,” McIntosh said. “It’s the last thing you think about when you go to sleep and it’s the first thing you think about when you wake up.”

McIntosh could often be found in the lobby of the Bass Building studying well into the night – one of the last to leave the building. That’s how he struck up a friendship with Vice Provost Susan Weeks, then dean of Harris College of Nursing & Health Sciences.

“It seems likely to me that his earlier experiences have developed an inner passion for achievement,” said Weeks of McIntosh. “Some individuals who have challenging experiences become bitter and discouraged. Instead, Logan demonstrates a motivation to construct his own preferred future.”

Weeks noticed McIntosh almost immediately, amazed at the number of hours he spent studying, impressed by his dedication to his academic performance. McIntosh admits he had never seen anyone spend as much time as she did in the Bass Building.

“I have a great deal of respect for not only the time she’s spent, but her commitment,” McIntosh said of Weeks. “She truly loves TCU and all the programs. I know that she contributes a lot to our education behind the scenes.”

McIntosh continues to look ahead and considers a future in teaching. But, for now, his passion remains with his patients at John Peter Smith Hospital in Fort Worth. He credits his strong family support system as a driving force behind his success.

Above all else, his main goal is to provide the best care possible for his patients through a lifelong learning process.

“That’s why you do this, that’s why you go to school for 13 years – for the patient,” McIntosh said. “That’s why you study so hard. That’s why you continue to study and learn once you get out – to provide the best care you can.”



From left: McIntosh checks the machinery while practicing on a mannequin in the Harris College simulation lab. McIntosh’s goal was to work in Fort Worth as a nurse anesthetist following graduation.

McIntosh practices on a mannequin in the simulation lab. McIntosh went on to graduate from the Nurse Anesthesia program in December, 2017.

Then-Dean Susan Weeks and McIntosh spot each other in the Annie Richardson Bass Building. The two struck up a friendship during McIntosh’s time on campus and McIntosh credits Weeks as the reason he got to stay in Fort Worth for clinicals.

CLOSE SHAVE

By Laine Zizka

It was an alarming trend.

Janie Robinson, now an associate professor in TCU Nursing, watched as beds filled up with African-American males with kidney failure every Sunday night in the cardiac unit of a Louisiana hospital.



Glenda Daniels (left) and Janie Robinson (right), TCU Nursing faculty, stand proudly in the Faded Blue Lounge barber shop. Daniels and Robinson identified the barber shop as an ideal location to conduct research and provide public health education to the Fort Worth community.

“Their kidneys had failed,” Robinson said. “Over the weekend, they had [drunk] too much water or fluid and, since their kidneys couldn’t function, they had to have emergency dialysis. This was just continual, every Sunday night.”

She wanted to know why.

When Robinson dug deeper, she found there was a need for research related to African-Americans and kidney disease. Studies had been done on mixed populations, but she felt research on

“Research shows that individuals with end-stage renal disease have four, five, six people in the household,” Daniels said. “They’re the head of the household and they make \$797 a month – can you imagine? That’s how difficult it is.”

Still, the two ask, how did this trend develop? Daniels has had family members with end-stage renal disease who lived in healthy environments. Something had to have caused that.

They look to a combination of variables, from a lack of education related to kidney disease, to a genetic predisposition, to a gap in the research in health sciences and the health care system as a

“We are targeting a place where people feel respected, like the barbershop, and they have a tendency to listen.”

GLENDA DANIELS

African Americans was lacking, despite that population having the highest rates of kidney failure.

In 2009, both Robinson and Glenda Daniels, an associate professor in TCU Nursing, began working at TCU. Daniels, who has a background in gastroenterology, soon found herself partnered with Robinson by their mutual mentor.

“One of our mentors here, Dr. Charles Walker, met with us to see if there was some kind of overlap – a parallel with her interest in renal disease and my interest in gastroenterology,” said Daniels.

The two narrowed in on the fact that African-American males have a high rate of end-stage renal disease. It raised questions about how to deliver preventative care to participants.

The answer was simple: barber shops.

“We had no idea,” said Robinson of the cultural significance of barber shops. “I don’t complain anymore when my husband says he’s going to get a haircut. If they have something to talk about, it takes hours.”

It’s that camaraderie that makes the barbershop a perfect place for frank discussions and a free-flow of information. The respect and the reputation the barber has in his shop lent an unquestioned trust in the researchers among participants.

“We are targeting a place where people feel respected, like the barbershop, and they have a tendency to listen,” Daniels said.

As they performed their research, an interesting trend emerged. Almost every man was willing to participate, but their post-survey questions led Robinson and Daniels to believe there was a lack of knowledge within the community about healthy practices.

“In most cases with African-American males, when they go to the doctor, it’s because they are gravely ill,” said Robinson.

A lack of knowledge and willingness to go to the doctor is only the beginning of the problem. Many of the men they spoke to lacked the proper resources to make the necessary changes in their life.

whole. However, if education could be used to prevent cases of end stage renal disease, that would be a success.

“There are other things you can do before you get to the point where you need medicine,” said Daniels. “It could be education from their healthcare providers [to] identifying something earlier and sending them to a kidney specialist early,”

While the concept of doing research in barbershops is nothing new, the pair would like to return to the barbershop to inform and work with the community, practicing an innovative kind of preventative care.


Moving forward, the pair intends to tailor their intervention and outreach efforts to the community’s knowledge and perceptions of health.

“We would like individuals to change their lifestyle,” said Robinson. “Just because a person knows about something, doesn’t mean that they will do what they need to do. We hope that, by us coming to the barbershop, they will gain the knowledge and skills needed to influence a healthy lifestyle.”

Below: Robinson provides a survey to her husband, Eric. Robinson’s innovative research is a product of her clinical experience and Eric’s recommendation to collaborate with his barber’s clientele.



Left: Eddie Panell, owner of Faded Blue Lounge, trims a customer’s beard. Loyal customers were quick to attest that Panell is a master of his craft and keeps them coming back with a welcoming shop and lively conversation, making him a perfect match for Robinson’s and Daniels’ research.



Kirsten Johnston helps a fellow book club member during a meeting of The Next Chapter Book Club. The program serves people with intellectual disabilities by providing an environment in which they can enjoy reading and learning as a group.

THE NEXT CHAPTER

By Holly Farason

On a cross country course, Kirsten Johnston is all about speed. At the Next Chapter Book Club, she's happy to take as much time as the other members like.

Social work student and TCU cross country athlete Kirsten Johnston has always been interested in advocating for individuals and finding ways she could help. Originally a movement science major, Johnston found she enjoyed working with individuals with disabilities and changed her major.

“I looked at social work and saw it was more than just about child protective service type things and that piqued my interest,” Johnston said.

The goal of the book club is to provide an opportunity for social interaction and discussion, not to improve individuals reading levels – although that can happen.

“We want to give them some sort of opportunity to interact with each other because once they graduate from high school, there are no social opportunities to interact,” John said.

One book the club has read, *Lucky Dogs, Lost Hats, and Dating Don’ts*, was written by the founder of the book club. The book contains short stories about individuals with intellectual or

“They may have never even imagined they could go on a road trip, so this gives them that idea. It makes them think ‘This guy is like me and he went on a road trip, then why can’t I?’”

BRANDY QUALLS



Left: A Next Chapter Book Club member discusses the day’s reading. Members of the book club take turns reading and are encouraged to share their thoughts and personal experiences relating to the book.

Right: Kirsten Johnston, an undergraduate social work student, leads a meeting of The Next Chapter Book Club at TCU. Johnston partnered with MHMR of Tarrant County to provide an opportunity for social interaction and discussion about relatable topics to individuals with disabilities.



One of the fields available to social workers is serving those with intellectual and developmental disabilities.

Johnston met with Aesha John, an assistant professor of social work, after hearing that she specialized in working with individuals with intellectual disabilities. John informed her of a unique learning opportunity where she could gain experience by helping others.

The TCU Department of Social Work partnered with My Health My Resources of Tarrant County, a local agency specializing in mental health and intellectual disability services, to bring the Next Chapter Book Club to the TCU campus.

Originally founded at The Ohio State University in Columbus, Ohio, The Next Chapter Book Club seeks to create a learning environment for individuals with intellectual disabilities. Since its inception, the Next Chapter Book Club has expanded to communities across the country.

TCU’s chapter consists of four to eight adult members of the local community, all with different types of disabilities. The book club meets once a week in the TCU book store and is co-facilitated by social work students like Johnston.

developmental disabilities and is written at a level that is easy to read and comprehend.

Participants take turns reading aloud, sometimes demonstrating echo reading – a technique in which the facilitator reads a sentence and an individual repeats after them.

John said the participants have varying abilities and reading levels, but echo reading helps them pronounce words if they are struggling. There is one high-functioning member with intellectual disabilities whose reading level is great.

“She is very high-functioning and has great relationships with the other members and shows them that they, too, are capable,” John said.

The books chosen for members to read are high-content, which means they talk about mature subjects, like dating or being late for a job, but the reading is at a second-grade level.

“We don’t want to give them juvenile things, we don’t want adults reading children’s books,” John said.

Working alongside John is Brandy Qualls, MHMR activities coordinator. Qualls helps train facilitators and makes sure the club is not just reading but thinking about the content in the book and sharing their ideas and opinions about what they read.

Qualls said she likes the book they are reading because it talks about people with intellectual or developmental disabilities doing things that some in the book club may never have thought about.

“One of the stories was about two cousins taking a road trip,” Qualls said. “They may have never even imagined they could go on a road trip, so this gives them that idea. It makes them think ‘This guy is like me and he went on a road trip, then why can’t I?’”

When leading the group, Johnston asks questions about the story like “How would you feel if someone did that to you?” or “What does that mean?”

“I have learned to be really patient with them in the readings because some of them struggle and can get down on themselves,” Johnston said. “But if you tell them ‘Good job,’ then it makes them so happy and gives them a lot of confidence.”

She feels the book club is a great way of getting participants out of their bubble while promoting inclusion on campus by hosting populations that might not otherwise be represented.

“I’ve learned a lot about accepting everybody and their differences and learning to be patient,” Johnston said.

As for right now, anyone is welcome and the club sees new faces each week.

“This is our first try, but we hope to expand and begin reading some of the classics like *Little Women*, *Gulliver’s Travels* or maybe even a biography,” said Qualls.

John and Qualls hope to create another book club on campus with the same individuals each week. They see the book club as a chance to connect and learn from one another.

“We can be advocates just by asking questions and listening,” said Qualls. “It’s all about taking turns and letting everybody have a chance.”



Top: Bobby Schnittker (left) and Kate Bienhoff (right), DNP-A students in the School of Nurse Anesthesia, participate in Simulation Saturday at TCU June 2, 2018. The recurring event provides students with realistic training scenarios administered and evaluated by local practitioners and School of Nurse Anesthesia faculty.

Bottom: Suzy Lockwood, interim dean of Harris College of Nursing & Health Sciences, stands with Jim Herdlicka, Nina Park and Bill Zollner, executives from CID Resources, Inc., and Jason Byrne, senior director of corporate and foundation relations, in the Annie Richardson Bass Building June 26, 2018. Each year, the organization donates white coats for the TCU Nursing white coat ceremony. Photo by Laura Patton



Top: Kendall Frenkel '18 (left) and Peyton Porter '18 (right), nursing alumni, play with a child during a public outreach event in Fort Worth, Texas April 10, 2018. Public health nursing seniors planned, coordinated and provided education and training to mothers in the local community to teach them how to create safe sleep environments for infants in an effort to prevent cases of sudden infant death syndrome.

This story is available on the Harris College YouTube channel, TCU Harris College of Nursing & Health Sciences.

Bottom: Stephanie Jevas (second from left), director of the Athletic Training Program, and Phil Esposito (second from right), an assistant professor in the Department of Kinesiology, pose with undergraduate kinesiology students during a study abroad trip to Dublin, Ireland during March 2018. The trip allowed students to experience how health care providers are trained and how health care is delivered in Ireland.

Courtesy Photo: Phil Esposito



Clockwise from top left: Lauren Sibille, an undergraduate speech-language pathology student, practices her daoist archer pose on the Great Wall of China during a study abroad course May 19, 2018. Students from the Davies School of Communication Sciences & Disorders and the Department of Social Work visited several cities and rural locations in China to study the country's culture and emerging practice of speech-language pathology.
This story is available on the Harris College YouTube Channel, TCU Harris College of Nursing & Health Sciences.

TCU Nursing graduates celebrate under confetti and silly string during the spring commencement ceremony at TCU May 12, 2018. Students use the graduation ritual to show pride for the many years of hard work, professional development and personal growth required by their major.
Courtesy photo: Danielle Hochhauser '18

Blue pinwheels are displayed in front of Founders Statue at TCU April 9, 2018. The annual Pinwheel Project, held in partnership with the Department of Social Work, raises awareness for child sexual abuse with pinwheels representing reported cases in Tarrant County during the past year.

Rachael Price '18, a habilitation of the deaf and hard of hearing alumna, provides sign language interpretation and an event hosted by the AddRan College of Liberal Arts at TCU Oct. 24, 2017. Price later explained the importance of physical expression when signing to audience members who cannot hear the emotion conveyed by a speaker's voice.
Price's story is available on the Harris College YouTube Channel, TCU Harris College of Nursing & Health Sciences.





1970

(1) Markie Cowley Rank '79 (BS, Nursing) went on from TCU to complete her Master's from the University of Texas at Arlington. She worked in nursing and hospital administration throughout the U.S., most recently retiring from her role of EVP/COO of Mission Hospital in Orange County, Calif.

home to raise her six children for many years and now works at the Brookhaven College Nursing Skills and Simulation Lab in Dallas. Her fourth grandchild is on the way.

Jillian Barna Waterbury '90 (BS, Nursing) is working as a pediatric nurse practitioner at Children's Health in the Thrive Clinic, offering primary care for ex-premature infants. Upon graduating with her doctorate, Waterbury's goal is to teach.

awarded the role of autism specialist consultant for the International Association of Logopediatrics and Phoniatrics. She also served as a guest lecturer at the Tarrant County College Brown Bag Luncheon, where her groundbreaking college preparation curriculum was adopted to assist students with autism.

Vanessa Monroe '07 (MS, Nursing) completed a Ph.D. in Nursing Science at Texas Woman's University-Houston.

1980

(2) Anne Long '83 (BS, Nursing) graduated from TCU with a BSN in 1983. She practiced as an ICU nurse for a few years, then obtained her law degree. She practiced healthcare law and worked in other positions for 28 years before retiring in 2017.

(3) Mindy Anstey '98 (BS, Habilitation of the Deaf & Hard of Hearing) received the "2018 Teacher of the Year" award for the Birdville, Texas Independent School District.

2000

Karen Quigley '88 (BS, Nursing) is a Midwife practicing in Albuquerque, New Mexico and travels overseas to serve in developing countries. She has six children and two grandchildren, whom she delivered.

(4) Tammy McGhee '00 (BS, Social Work) is Tarrant County Homeless Coalition's new executive director. Since joining TCHC in 2017, Tammy has created significant momentum around the issue of homelessness and refocused the Fort Worth community on a strategy-driven response to ending homelessness, building on and leveraging existing strengths.

Alexandra (Allin) DeHoff '08 (BS, Social Work) received her master of science in social work at the University of Texas and is working as a therapist in Austin, Texas. She married in 2016 and had a baby girl in 2017. Pearl Millie is the joy of her days and may be a future frog!

Amanda Young '09 (BS, Kinesiology) is currently teaching physical education at Starpoint and KinderFrogs at TCU and just finished a project with the undergraduate motor development students in the Department of Kinesiology with Roina Baquera. This year, the students focused on two specific sport skills, whiffle ball and pickle ball.

1990

Monette Mulvihill '90 (BS, Nursing) worked in the NICU for six years immediately following graduation, which she thoroughly enjoyed. She stayed

(5) Katandria Love Johnson '00, '02 (BS, Nursing; MS, Nursing) was

2010

Chandler Schoonover '10 (BS, Habilitation of the Deaf & Hard of Hearing) was named teacher of the year for Wright Elementary School in Weatherford, Texas and the Texas Association of Parents and Educators of the Deaf Outstanding Deaf Education Teacher of 2018.

Christian Fay Hancock '11 (BS, Speech Language Pathology) moved to Chile for six months to teach English after graduation. Upon her return, she attended Texas Tech Health Science Center and earned her master's degree in speech-language pathology. She now owns a private practice, Heart & Soul Speech, in McKinney, Texas.

Jennifer Corrales '14 (MS, Nursing) earned a post-master's degree as an adult gerontology acute care nurse practitioner.

(6) Jamie Dowd '14 (BS, Nursing) has been an Army nurse for more than three years and is currently in the rigorous Critical Care/Emergency Nursing course at Fort Sam Houston and considers it an honor to serve and care for soldiers and their families. She is excited to become an Army critical care nurse.

Jonnie Glover '14 (BS, Nursing) currently resides in Roanoke, Texas and works in the post-surgical unit at Baylor Medical Center in Trophy Club. The center specializes in orthopedic and bariatric surgeries. She is also enrolled in Liberty University's Master of Science in Nursing Administration program and expects to graduate in 2019.

(7) Susan Smith '14 (Doctor of Nursing Practice) was recently elected to a two-year term on the National Association of Clinical Nurse Specialists Board of Directors at the 2018 annual conference. She is currently a clinical nurse specialist for the critical care department at Baylor University Medical Center in Dallas.

(8) Cody Clayton Gardner '15 (BS, Movement Science) graduated from the Washington University School of Medicine as a doctor of physical therapy in May. Recently, Cody accepted a position with Neuro Tour Physical Therapy, the only company in the country that contracts physical therapists to performing arts production tours. Cody will be the sole medical provider for a Broadway tour.

(9) Kira Markus '16 (BS, Kinesiology) matriculated to the University of Delaware following graduation from TCU to pursue her doctorate in physical therapy. Upon graduation in December 2018 she plans to attend an orthopedic residency program.

(10) Lauren Humphries Spataro '16 (BS, Social Work) obtained a master's degree in social work and was recently hired by the Paris Independent School District as a school social worker.

(11) Brittany Burk '17 (MS, Speech-Language Pathology) works as a speech-language pathologist at a Level I trauma hospital in Illinois. Most of her day involves working with patients following a neurological change, such as a traumatic brain injury or stroke.

(12) Jad Chatila '17 (BS, Movement Science) is currently wrapping up his first year of physical therapy school at Texas Tech University Health Sciences Center and is about to start his first clinical in the DFW area.

Anneliese Niederhauser '17 (BS, Nursing) earned her BSN from Harris College in May 2017. She currently lives in Colorado and works at Swedish Medical Center on the General Surgery floor as a night shift bedside nurse.



JOSHUA STEWART

Nurse Anesthesia Student

How He Got Here

Stewart knew at age 16 he wanted to be a nurse anesthetist. That's what he told his then girlfriend, now wife, on their first date. Before coming to TCU, he worked as a charge nurse on a Neuro ICU at a trauma Level I hospital in Utah and was a member of their Acute Stroke Emergency Response Team. He lauds the Christian values in a family-friendly city as well as the top-tier anesthesia program with faculty and staff that care about people, both as students and as individuals.

"I walked out of my interview two years ago, met Chelsea down on the first floor of the Bass Building and said [to my wife], 'We're going to TCU.' This was our choice and we've never looked back."

Currently

"The alarm clock is set Monday through Saturday for 5:55. The day is spent either in class or in one of three study rooms in the Bass Building. I'm home every night at 5:30 for dinner & to put the kids down to bed; 7:30 to 10 are the final study hours for the day."

Dream Job

Stewart is beginning 16 months of residency in the operating room. Ultimately, he wants his work as an anesthesia provider and make a positive difference in the lives of his patients, co-workers and community. But, to him, "dream job" holds a bit of a looser term.

"The dream job will be one that allows me to be home for dinner and bed time often, be a coach for my children's sports teams and be present and engaged in their growing-up years."



MADDIE LOUKS '14

Nursing Alumna

Why TCU?

"TCU seemed to check off everything I had on my checklist including a great nursing school, smaller class sizes, a football team, Greek life and, not to mention, the campus is beautiful."

Louks graduated in 2014 with a BSN, moving to Texas from Danville, Calif. From day one, she knew TCU was the place for her, saying, "it was the only college tour I took – I knew I needed to be a Horned Frog."

What She's Been Up To

Louks currently works in the Cardiac Intensive Care Unit at Cook Children's Medical Center. She went through Cook's residency program, got placed in the Cardiac ICU and has been working there ever since.

Why She Loves Her Job

"Most of all, I love working with patient families. It is such a privilege to care for these families during what is often the most terrifying and difficult time of their lives and being able to help them get through it and help give them hope is so incredibly rewarding."

Advice

"Keep at it because it is so incredibly worth it! All of the blood, sweat, tears, caffeine and sleep deprivation is all worth it to wear the letters RN and to take care of those who are in need of your skill set. Be a sponge and continue to learn and ask questions to those nurses who are more seasoned. You will forever be a student as the world of medicine is constantly changing."

FUNDED EXTERNAL GRANTS

Communication Sciences & Disorders

Lund, E., Lexical Knowledge and Phonological Awareness in Children with Cochlear Implants. NIH/NIDCD.

Kinesiology

Oliver, J.M., Effect of docosaheaxaenoic acid on a biomarker of head trauma in elite Canadian rugby athletes. Brain Armor.

Oliver, J.M., Effect of a fish oil on a biomarker of head trauma over the course of a season in American football athletes. STRUCT Nutrition.

Oliver, J.M., Comparative differences of amino acid appears with and without probiotic. SOFAR S.p.A.

Rhea, D.J., Paul E. Andrews Foundation. LiiNK Project®: Let's inspire innovation 'N Kids.

Rhea, D.J., Rankin Foundation. LiiNK Project®: Let's inspire innovation 'N Kids.

Rhea, D.J., Alan Fox Foundation. LiiNK Project®: Let's inspire innovation 'N Kids.

Nursing

Baker, K., Nurse Faculty Loan Program. U.S. Department of Health and Human Services.

Johnson, A., Bashore, L., Erwin, A., Exploration of Perceived Stress, Sleep, Fatigue, and Biomarkers in Childhood Brain Tumor Survivors. Cook Children's Medical Center and the Center for Oncology Education & Research.

Hawley, D., Geriatric Workforce Enhancement Program. HRSA in collaboration with UNTHSC, JPS, TCU and United Way.

Kimzey, M., Institute for Integrated Healthcare at University of Texas at Tyler.

Lockwood, S., Professional Nursing Shortage Reduction Program – Regular Program. Texas Higher Education Coordinating Board.

Lockwood, S., Oncology Nursing Program. Moncrief Cancer Foundation.

Walker, D., Implementing Personal Pharmacogenomic Testing in Nursing Curriculum to Improve Genetics Knowledge and Self-Efficacy. TOBGNE Excellence in Research Grant.

Social Work

John., A., Lena Pope/Jerry M. Lewis. Mental Health Research Foundation.

Tyler, T., Interpersonal Classroom Model: Applying Group Work Teaching Methods in an MSW Diversity & Social Justice Course.

FACULTY & STUDENT PUBLICATIONS

Communication Sciences & Disorders

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Kinesiology

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FACULTY RESEARCH SYMPOSIA

Harris College Ph.D. Committee, "Ph.D. in Health Sciences – Updates and Q&A"

Chris Watts, Ph.D., "Parkinson's Disease: How Motor Phenotype Influences Voice & Speech Impairment"

Aesha John, Ph.D., "Supporting Individuals with Intellectual Disability"

Jonathan Oliver, Ph.D., "Sport Science – It's More than GPS"

Carol Howe, Ph.D., Gina Alexander, Ph.D., Jada Stevenson, Ph.D., "Parent & Child Factors Related to Obesity Knowledge & Attitudes: An Interprofessional Research Collaboration in a Museum Setting"

Melody Phillips, Ph.D., "The Influence of Acute & Chronic Exercise on Inflammatory Cells Related to Heart Disease in Overweight/Obese Post-Menopausal Women"

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POSITIONS OF DISTINCTION

American Academy of Nursing Fellows

Kathy Baker
Suzy Lockwood

American Association of Nurse Practitioners Fellows

Kathy Ellis
Kenneth Lowrance

American Speech-Language-Hearing Association Fellows

Lynn Flahive
Jennifer Watson
Chris Watts

Leadership Positions

Kathy Baker
Editor-in-Chief, Gastroenterology Nursing; Site Evaluator, Commission on Collegiate Nursing Education

Dennis Cheek
President-Elect, International Society of Nurses in Genetics

Kathy Ellis
Board member, National Organization of Nurse Practitioner Faculties

Lynn Flahive
Chair, Council of Clinical Certification for the American Speech-Language-Hearing Association; Chair, Program Committee for Annual Conference, Council of Academic Programs in Communication Sciences and Disorders

Suzy Lockwood
Secretary, National Ovarian Cancer Coalition

Emily Lund
Scientific Advisory Board Member, Hands and Voices Family Leadership in Language and Learning Program

D. Lynn Jackson
President of the Board of Directors, Texas chapter of the National Association of Social Workers

Kenneth Lowrance
Team Lead, Commission on Collegiate Nursing Education; Nominating Committee member, Commission on Collegiate Nursing Education

Kay Sanders
Research Advisory Committee member, National Board for Certification and Recertification of Nurse Anesthetists

Meena Shah
Editorial Board member, American Journal of Health Promotion

Melissa Sherrod
Second Vice President, American Association of the History of Nursing

Jennifer Watson
Executive Board member, Speech-Language Pathology Academy of the National Academies of Practice; Executive Board member, Texas Speech-Language-Hearing Foundation; InterProfessional Education Committee member, Council for Academic Programs in Communication Sciences and Disorders

STUDENT RESEARCH SYMPOSIUM

Undergraduate

1st Place
Laura Panzone, COSD
“Control of Transglottal Airflow in Vowels & Connected Speech of Speakers with Parkinson’s Disease”
Mentor: Chris Watts

2nd Place
Farren Barnett, Social Work
“A Child’s LGBT Disclosure: What Influences a Parent’s Reaction?”
Mentor: Nada Elias-Lambert

3rd Place
Dylann Hoover, Kinesiology
“The Effect of External & Internal Feedback on the Biomechanics of a Standing Broad Jump”
Mentor: Adam King

4th Place
Crysta Coomer, Nursing
“The Role of Nurses in Voluntary Medical Male Circumcision for HIV Prevention: An Integrative Review”
Mentor: Suzy Lockwood

Graduate

1st Place
Joshua Rucker, COSD
“Priming of Part-Whole Relationships Using Lexical Semantic Networks in Children with Cochlear Implants”
Mentor: Emily Lund

2nd Place
Dylann Wilkinson, Social Work
“Treating Childhood Sexual Abuse-Related Trauma: A Program Evaluation”
Mentor: James Petrovich

3rd Place
Sarah Reno, Social Work
“Evaluating a Behavioral Health Program for Adolescent Youth”
Mentor: James Petrovich

4th Place
Collin Pursley, Kinesiology
“An Explanatory Study of Mood States & Transient Emotions in Amateur Dressage Riders”
Mentor: Debbie Rhea

THREE-MINUTE THESIS

Harris College

1st Place
Robyn Croft, Kinesiology
Mentor: Jennifer Watson

2nd Place
Aimee Nucum, Social Work
Mentor: James Petrovich

People’s Choice Award
Jessica Dinsmoor, COSD
Mentor: Emily Lund

TCU

1st Place, People’s Choice Award
Jessica Dinsmoor, COSD
Mentor: Emily Lund

BOLLER AWARDS

Winner
Madison Burnett, COSD
“Comparing Complex Syntax Across Popular Children’s Television Shows”
Mentor: Emily Lund

STUDENT GRANTS

Harris College Student Grants for Research

Maria Cardenas, Kinesiology
Mentor: Melody Phillips

Emma Carlson, COSD
Mentor: Emily Lund

Jessica Dinsmoor, COSD
Mentor: Emily Lund

Dave Farbo, Kinesiology
Mentor: Debbie Rhea

Mike Levitt, Kinesiology
Mentor: Melody Phillips

April Long, Kinesiology
Mentor: Debbie Rhea

Chris Nieves, Kinesiology
Mentor: Stephanie Jevas

Alexandra Nusz, COSD
Mentor: Danielle Brimo

Harris College Grants for Student Travel

Madison Burnett, COSD
Mentor: Emily Lund

Maria Cardenas, Kinesiology
Mentor: Melody Phillips

Jessica Dinsmoor, COSD
Mentor: Emily Lund

Sophie Dohnalek, Nursing
Mentor: Gina Alexander

Mike Levitt, Kinesiology
Mentor: Melody Phillips

Aimee Nucum, Social Work
Mentor: James Petrovich

Joshua Rucker, COSD
Mentor: Emily Lund

Kori Schrandt, Social Work
Mentor: Aesha John

Jason Stone, Kinesiology
Mentor: Jonathan Oliver

Kelsi Sulgrove, Social Work
Mentor: Aesha John

Dylann Wilkinson, Social Work
Mentor: Aesha John

External Travel Grants

Brooke Burgess, Kinesiology
Mentor: Melody Phillips

Maria Cardenas, Kinesiology
Mentor: Melody Phillips

Cheryl Haston, Kinesiology
Mentor: Melody Phillips

Mike Levitt, Kinesiology
Mentor: Melody Phillips



1. VANCOUVER, CANADA

Jonathan Oliver, director of the Sport Science Center within the Health Innovation Institute at TCU, traveled to Vancouver, British Columbia, Canada, to work with the Canadian Sport Institute Pacific and Rugby Canada to research the prevention and treatment of concussions and sub-concussive impacts among elite athletes.

2. FORT WORTH, TEXAS

Senior public health nursing students provided local community members with a “Safe Sleep” event to educate new parents on creating a safe and healthy sleep environment for newborn babies and prevent cases of sudden infant death syndrome.

3. NEW YORK CITY, NEW YORK

Dru Riddle, an associate professor of professional practice, represented the School of Nurse Anesthesia and educated CRNAs from across the U.S. on personalized anesthesia using pharmacogenomics.

4. DUBLIN, IRELAND

Students and faculty from the Department of Kinesiology visited Dublin, Ireland to explore health care education and delivery systems outside the U.S.

5. SEVILLE, SPAIN

Students and faculty from TCU Nursing and the Department of Social Work studied in Seville, Spain and Dublin, Ireland to better understand social, cultural and scientific factors related to health beliefs and practices, with a focus on cisgender and transgender women and their children.

6. GENEVA, SWITZERLAND

Students from TCU Nursing spent three weeks in Geneva, Switzerland and London, England, where they studied local health care systems and compared them to those in the U.S.

7. DOHA, QATAR

Chris Watts, director of the Davies School of Communications Sciences & Disorders, traveled to Doha, Qatar to train 60 speech-language pathologists in the use of advanced treatment techniques and equipment.

8. BEIJING, CHINA

Students from the Davies School of Communication Sciences & Disorders traveled to several cities and rural locations to explore culture and the growth of speech-language pathology in China.

FROM CALVIN, WITH LOVE

By Holly Farason & Laine Zizka

Calvin Kimbrough '75 spoke endearingly

as he recalled his late wife, Ann. The two met at TCU where a love story for the ages began. He remembers their first date, a fraternity dance in December 1972, and their second two days later – sledding with cafeteria trays in Worth Hills during a snow day. And he remembers what she wore – a pair of grey corduroy Levis and a black belt with a silver turquoise and coral belt buckle.

After that, Calvin said, they spent little time apart.

That unbreakable bond gave the couple the strength to fight Ann's multiple sclerosis, which was diagnosed in 1988.

When Ann, the enjoyer of life, could no longer play one sport, she would find a way to play another – from tennis and golf to sailing and tandem biking. When she couldn't bike or fly fish, she turned to playing scrabble. In 1994, when Ann needed a wheelchair, Calvin stepped in and carried her on his back wherever she wished to go.

"Ann joked that if we lived in Sweden, where they held piggyback races called the 'wife carry,' we would clean up," Calvin said. "Ann symbolically opted for a manual wheelchair. She felt that an electric wheelchair would be an admission of defeat."

But defeat was not on Calvin's mind when Ann died in June 2016. Due to the care they received at the hospital from TCU nurses and the time they shared as Horned Frogs, Calvin decided to leave his estate to Harris College.

"There were several instances in the hospital where [the nurses] were working with the doctors to make sure Ann received the best care," Calvin said. "They were emotionally supportive to both me and Ann. If anything that bad can be wonderful, they made it so."

Two of the nurses of whom he speaks are TCU alumnae Jackie Gomez '10 and Maggie Ocampo '10. They both graduated with a bachelor of science in nursing and cared for Ann at Harris Methodist Hospital in downtown Fort Worth, Texas.

"They had such a great love and friendship," Ocampo said. "You could tell they had a very strong bond and that stood out to me, how much love they shared. You could see in Calvin's face how much he loved Ann."

Despite their circumstances, the Kimbroughs remained lively and hopeful. Gomez recalls the times she spent in Ann's room, just talking about TCU, how she and Calvin met and their shared love for animals.

"They are the epitome of a perfect marriage," said Gomez. "Although challenging, an outsider would never know. They handled life's challenges with such grace."

It was these very challenges that strengthened Ann's and Calvin's undeniably strong bond, which was apparent to everyone who knew them..

Ocampo said she enjoyed visiting with the Kimbroughs because they had a lot in common.

"Ann had a great sense of humor and could always make me laugh," she said.

While the Kimbroughs experienced many ups and downs, the turning point was when Ann was admitted to Harris Hospital. It was there that Ann received the care she needed from doctors and nurses who truly had her best interests at heart.

"We had a passionate and compassionate doctor and we had unbelievably good nurses; they were absolutely wonderful," said Calvin.

Calvin said the nurses were the first to give them insight and they were the most important asset – what stood out to him was how caring they were.

"They gave the impression of caring about you, not your condition," he said.

In fact, the nurses made just as much of an impact on Calvin's faith as they did on Ann's care.

"I was agnostic prior to this; now I am a confirmed Catholic," said Calvin. "I've seen a lot of good out of a terribly bad situation. We referred to the nurses as angels, and I truly believe they were."

While losing Ann was difficult, Calvin got through it with support from the nurses. It was their kindness and compassion that spurred him to donate his estate to TCU Nursing.

"The nurses and their nursing made a huge impression," Calvin said. "I don't know anything better to do. If I can do anything in helping other people help other people, then I want to do that. I am sure Ann would agree."

Over the years, TCU has built up its endowment, making more funds available for scholarships and opening the university to a more diverse population.

With Calvin's planned giving, Harris College will receive an endowed scholarship and an endowed professorship, which will help the university bring in renowned faculty.

Laura Patton, director of development at Harris College, said the endowed scholarship will directly benefit nursing students. Many students juggle work, heavy academic loads and important internships. Additional scholarships enable students with financial need to focus on their primary job – getting a great education. The endowed professorship will attract and retain eminent national and international scholars to TCU's nursing program.

"It is a very high honor," said Patton. "TCU graduates place tremendous value on relationships with their professors. The generosity of this gift will not only bring professors that stand out in the nursing field, it will attract other notable faculty and the brightest students."

In addition, the endowed professorship will go toward funding faculty and student research.

"I am truly blown away by his generosity toward the school and the nursing program in particular," Ocampo said. "I think it is wonderful that he is allowing the school to create more nurses to go out and help more people."

Gomez was in awe when she heard the news.


"I couldn't be more grateful to know such a generous, kind-hearted man," she said. "Although this donation is a substantial gift, the gift I received was being able to know Calvin and Ann and providing the care that I was honored to deliver."

Calvin describes the endowment as part of Ann's legacy.

"I want it to have an impact on a student's life and everybody they come into contact with and their professional life," Calvin said. "I know Ann has made a huge impression on peoples' lives. That's her legacy. I hope my legacy would be similar."

After everything, Calvin will always remember Ann's last words to him: "Calvin, don't embarrass yourself."

As the Kimbroughs' friends remarked at Ann's wake that their time together had been a nice ride, Calvin couldn't help but think that it was so much more.

"It was a great ride," Calvin said. "Ann, I will not embarrass you." 



Above: Calvin Kimbrough (center) stands with Maggie Ocampo (left) and Jaclyn Gomez (right) following a luncheon in the Annie Richardson Bass Building at TCU. Ocampo and Gomez cared for Calvin's wife, Ann, before she passed away in 2016 and inspired Kimbrough's generous gift to TCU Nursing in her memory.

ANN KURTH VISITS TCU

By Laine Zizka

“I’m pretty passionate about what I think will be the pressing issue in the next few decades, which is the idea that it’s not just climate change,” said Ann Kurth, dean of the Yale School of Nursing, of global health during her visit to TCU.

Kurth, an accomplished epidemiologist and clinically-trained nurse midwife, was invited by then-Dean Susan Weeks to TCU in February to give three lectures as part of Harris College’s Green Chair Series. The Green Chair program, endowed by TCU benefactors Cecil H. and Ida Green in 1969, is designed to bring distinguished scholars, scientists, writers and other career persons to the TCU campus to provide new ideas and stimulation.

In her talks, Kurth focused on global health and what humans can do to improve and shape it in the years to come – an imperative issue. Though climate change has a huge impact on global health, Kurth posits that it has worked hand-in-hand with reduced farmland, water and air quality, as well as rising sea levels to create today’s health challenges.

Kurth’s lectures drew faculty, staff and community members alike with titles like “Generation Global: What Your Engagement Means for Global Health” and “Global Health: What Does it Mean for Me.” Additionally, Kurth got the chance to visit with Harris College students and nursing faculty over lunch.

“Her emphasis on planetary health is important for hospitals and efforts to promote sustainability,” said undergraduate nursing student Emily Sullivan. “When I talked with her at lunch, she was very knowledgeable about carbon emissions from buildings and the projects around TCU that promote sustainability.”

She didn’t mince words when talking about the issues, making it clear that it is the students’ generation that will have to have to deal with them and make the shift to a sustainable future.

“I don’t want to close peoples’ minds down because it’s scary,” Kurth said, describing the challenges that face today’s global community. “I think if you really take it all in, it’s overwhelming. I think the way people cope with that sometimes is to deny it.”

Though Kurth looks forward to hearing the student response to her ideas, she is also interested in the inner workings of Harris College.

“I’ve been impressed by the degree of interprofessionalism with the faculty,” said Kurth. “We’re trying to achieve that rich cross-fertilization that you get with disciplines to address important and complex problems. I can see the faculty here have a way to do that by just interacting with each other every day.”

Kurth is hoping to apply the same principles at the Yale School of Nursing. A walk-through of the simulation lab in the Annie Richardson Bass Building yielded ideas for Yale’s upcoming expansion of their own clinical simulation space. She also got the chance to look at Harris College’s strategic plan, noting the interest in global health.

“My area of passion is really around global health [and] really extending the idea that global health is addressing health issues where they happen ... and that might be here in Fort Worth,” said Kurth.

At their core, Kurth’s ideas are about caring and advocating; everyone will be affected in some way, she said, but some will be affected much worse than others.

“Being an advocate is built into our definition of nursing,” said Kurth. “There are things we can do collectively as a species and as individuals to improve the world we live in for ourselves and the future. That’s what gets me up every morning.”

FAREWELL, DR. MITCHELL

By Holly Farason

Joel Mitchell, longtime kinesiology professor and chair, is setting his sights on retirement.

Mitchell has worked at TCU since 1988 and has been department chair for 23 years. Specializing in exercise physiology, this was his first job after receiving his doctorate from Ball State University.

“I was married with three kids and I was looking for a real job, so to speak,” Mitchell said. “Post-doctorate you’re in a training situation and I didn’t want to go that route.”

Originally from Alaska and having previously lived all over the United States, the idea of coming to Texas was not a problem.

“I had come from a private school background and I liked that idea and also the size as opposed to a big state school,” Mitchell said.

Throughout his career at TCU, he taught physiology courses at the undergraduate and graduate levels.

Within kinesiology there are different specializations like biomechanics, sports psychology and motor behavior. Mitchell’s area of expertise is in exercise physiology and he has taught cardiopulmonary physiology, anatomy, laboratory techniques and research methods in addition to supervising research.

What Mitchell likes about working at TCU is the student-centric environment. He said that other institutions apply more pressure to publish research, but at TCU there is more emphasis on teaching. Mitchell enjoys the balance between teaching and research and being able to interact with students.

“I enjoy interacting with students at all levels,” Mitchell said. “I especially enjoy working with freshmen because they’re wide-eyed and taking in everything for the first time.”

Not only has Mitchell had an impact on his students, he has made an impression on his colleagues, as well. Melody Philipps, an

associate professor in the Department of Kinesiology, has known him as a teacher, mentor and friend since 1994.

“Dr. Mitchell made our coursework enjoyable and taught me and many others to be good scientists and, more importantly, what good character and integrity look like,” Phillips said. “I’ve continued to learn from him over the last thirteen-and-a-half years as his colleague and our department won’t be the same without him.”

Susan Weeks, vice provost and former dean of Harris College, spoke highly of Mitchell.

“TCU strives to cultivate faculty members who emulate excellence in both teaching and scholarship,” Weeks said. “Dr. Mitchell is the epitome of the teacher-scholar as well as a stellar leader. Dr. Mitchell will be sorely missed by students, faculty and other leaders within Harris College.”

When he has free time, Mitchell said he enjoys woodworking in his garage-turned-woodshop.

“I’ve always liked making things,” Mitchell said. “I can remember, since I was a little kid, pounding nails and putting boards together.”

During the past few summers, he put his skills to work by building his very own log cabin in Oregon. He said he hopes to spend many summers there with his family, making memories and relaxing. Mitchell is also looking forward to traveling with his wife to new places and old favorites.

When reflecting on his career at TCU, Mitchell said he’s enjoyed the human side of things.

“Although we have gotten bigger, there’s still more of a personal touch to it than bigger institutions and that’s what I love” Mitchell said.

HEALTH INNOVATION INSTITUTE AT TCU



Jonathan Oliver (right), director of the Sport Science Center, stands with partners from Brain Armor and Rugby Canada during a site visit to Vancouver, British Columbia, Canada March 9, 2018. The three organizations collaborated to research concussion prevention, diagnosis and treatment among Canadian athletes.

COLLABORATION BETWEEN CENTERS

Center for Collaborative Practice

There are many variables to consider when instigating changes, revising guidelines or translating new research ideas into practice. The Center for Collaborative Practice makes implementing practice changes easier by providing support to community partners and is able to achieve evidence-based improvement by bridging research and practice.

Center for Oncology Education & Research

The goal of the Center for Oncology Education & Research is to provide opportunities for interdisciplinary, collaborative learning and research between university faculty, students and community partners regarding cancer care and survivorship concerns.

Center for Translational Research

The Center for Translational Research bridges the gap between the laboratory bench and the bedside by synthesizing research findings, identifying best practices and helping patients, families, consumers and practitioners answer questions about how to make health care decisions.

Let's inspire innovation 'N Kids Center

The mission of the LiiNK center is to bridge the gap between academics and social, emotional and healthy well-being for children, parents, educators and administrators.

Sport Science Center

The mission of the center is to bring science and practice together to improve sport performance and athlete health from the laboratory to the playing field and from the playing field to the laboratory.

HIIAT WELCOMES THE SPORT SCIENCE CENTER

The Health Innovation Institute at TCU is proud to welcome the Sport Science Center, led by Director Jonathan Oliver. The center will focus on the pillars of SPORT:

Serve | The center will serve athletes and coaches by providing services that are needed to improve sport performance and athlete health and serve students by instilling a commitment to service.

Prepare | Through research and education, the center will prepare athletes and coaches for excellence on the field and a positive well-being on and off the field. Oliver will mentor students and junior investigators by guiding them to develop innovative approaches that advance sport science and instilling the values of SPORT.

Outreach | The center will perform outreach to the local, national and international community through educational opportunities for all those concerned with the performance and health of athletes.

Research | The center will improve sport performance and athlete health through excellence in research and professional leadership by bringing the practitioner into the laboratory to create a translational two-way highway of knowledge.

Team | The center will bring together science and practice in a collaborative and interdisciplinary fashion to improve sport performance and athlete health.

HIIAT Leadership

Susan Weeks – Executive Director, HIIAT
Linda Humphries – Director, Center for Collaborative Practice
Dru Riddle – Director, Center for Translational Research
Debbie Rhea – Director, LiiNK Center
Suzy Lockwood – Director, Center for Oncology Education & Research
Jonathan Oliver – Director, Sport Science Center

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Christopher Baltazar '94
Regional Nurse Consultant
Preferred Care Partners Management Group

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Retired
U.S. Army Nurse Corps

Margaret Benz
Nursing Faculty
Saint Louis University

Britt Brown '87
Athletic Trainer
Dallas Cowboys

Kay Bruce '66
Retired
Higher Education Executive

Marilyn Davies
CEO
Bailey Banks Seismic, L.P.

Gail Davis
Professor Emeritus of Nursing
Texas Christian University and Texas Woman's University

Lynne Emma '76
Executive Director
Women's & Children's Services
Cedars-Sinai

Charlotte Scharbauer French '98
Business Owner, Salutations
and Civic Leader

Brian Glenn '89
Policy Program Expert
Social Security Administration

Dana Hall '95
Acute Care Nurse Practitioner

Paul Kortschak
Biomedical Diagnostics, Infectious Diseases

Kelly Louks
Retired School Teacher and
Community Volunteer

John (Jack) Lynch III
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Main Line Health

Mike Macko '94
Physical Therapist Manager,
Ben Hogan Sports Therapy Institute

Alison Finney Moreland '61
Retired Assistant Professor
Texas Christian University

Mendy Wake Oliver
Retired Manager
PG&E
Community volunteer and food writer

Mike Patterson
CFO/COO
DesignPlex Biomedical, LLC

Charlotte Hilley Pierce '63
Retired VP of Patient Care
Harris Methodist Southwest

Andrea Rankin
Retired Executive

Kayla Slater '96
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Linda Wassenich '65
Civic Leader

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VP, Chief Nurse and Operations Executive
Scripps Memorial Hospital, Encinitas, California

HARRIS COLLEGE LEADERSHIP

Suzy Lockwood
Ph.D., MSN, RN, OCN, FAAN
Interim Dean, Associate Dean for Nursing,
Director of the Center for Oncology Education & Research and Professor

Deborah Rhea
EdD
Associate Dean for Health Sciences & Research,
Director of the LiNK Center and Professor

Lynn Jackson
Ph.D.
Assistant Dean of Strategic Initiatives, Director of Field Education
for the Department of Social Work and Associate Professor

Meena Shah
Ph.D.
Professor and Interim Chair of the Department of Kinesiology

James Petrovich
Ph.D.
Chair of the Department of Social Work and Associate Professor

Marinda Allender
MSN, RN, CPN
Division Director of Undergraduate Nursing and Assistant Professor

Zoranna Jones
Ph.D.
Director, Academic Resource Center

Hylda Nugent
DNP, CRNA
Assistant Dean for Administrative Affairs and
Associate Professor of Professional Practice

Christopher Watts
Ph.D.
Director of the Davies School of Communication Sciences & Disorders
and Professor

Kay Sanders
DNP, CRNA
Director of the School of Nurse Anesthesia
and Professor of Professional Practice

Kathy Ellis
DNP, RN, ANP-BC, FNP-BC, FAANP
Division Director of Graduate Nursing
and Associate Professor of Professional Practice

Susan Weeks
DNP, RN, CNS, FNAP, FAAN
Vice Provost, Executive Director of the Health Innovation Institute at TCU
and Professor

Laura Patton
Director of Development

“First you learn, then you earn, but always return.
It has always been important in my family’s life to
give back to others.”

MARILYN DAVIES

“There’s still more of a personal touch to [TCU]
... and that’s what I love.”

JOEL MITCHELL, FORMER DEPARTMENT OF KINESIOLOGY CHAIR

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Faculty Excellence

Faculty continue to be at the center of the TCU experience. Help attract and retain outstanding scholars that in turn draw other notable faculty and the brightest students.

Research

Support faculty and students as they prepare and become ethical leaders in health care through engaging research that is improving health and well-being.

Reach Laura Patton, Director of Development, at laura.patton@tcu.edu

Texas Christian University
TCU Box 298625
Fort Worth, TX 76129