

**PRESS RELEASE
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National Strength and Conditioning Association Foundation Announces Caleb Voskuil as 2023 Scholarship Recipient

Colorado Springs, CO – The National Strength and Conditioning Association Foundation is proud to announce that Caleb Voskuil has been named a recipient of the NSCA Foundation's Challenge Scholarship for 2023. The NSCA Foundation Scholarship Committee selected Voskuil after a thorough evaluation process of all applicants. This program awards \$2,000 to NSCA members seeking either an undergraduate or graduate degree in a strength and conditioning-related field.

Caleb Voskuil is currently a doctoral candidate at Texas Christian University studying under Dr. Joshua Carr and is working towards obtaining a Ph.D. in Kinesiology. He received his Bachelor's degree in Kinesiology and his Master's degree in Exercise Physiology from the University of Kentucky, studying under Dr. Haley Bergstrom. His current research interests include the examination of cross-education, hypertrophy, and the sex differences in fatigue elicited by resistance training. He plans to start a career in academia following his graduation. He currently resides in Fort Worth, Texas with his wife Christy, and enjoys recreational strength training while avidly supporting TCU and Kentucky Athletics.

"Congratulations to Caleb for achieving this well-deserved honor," exclaimed Dr. Don Melrose, President of the NSCA Foundation Board. "Caleb is an outstanding student with a remarkably bright future. We take pride in supporting his educational journey as he aspires to become a future leader in the strength and conditioning industry."

"The competition among scholarship applicants was robust this year, intensifying the selection process. Caleb can take great pride in this significant accomplishment. I eagerly anticipate witnessing him thrive and make notable strides within the strength and conditioning profession," said Carissa Gump, NSCA Foundation's Executive Director.

Media Note: To schedule an interview with the scholarship winner, contact foundation@nsca.com.

About the National Strength & Conditioning Association Foundation

The National Strength and Conditioning Association Foundation (NSCAF) was founded in 2007 with the aim of supporting the advancement of strength and conditioning practical applications. The NSCA Foundation is a non-profit organization committed to providing funding to NSCA members taking part in educational and research endeavors.

Since its establishment, the NSCA Foundation has awarded 194 grants and 694 scholarships, totaling nearly \$3 million to outstanding individuals within the strength and conditioning community. The NSCA Foundation is one of the few foundations that fund work at the Master's level and across all levels up to senior investigators, as well as one of the few sources that funds work in the strength and conditioning fields. A major goal of the foundation is to continue to maximize assets in order to increase grants and scholarships for NSCA members.